

# Canadian HIV/AIDS Pharmacists Network *Association Canadienne des Pharmaciens en VIH/SIDA*

## **CHAP Annual General Meeting - Minutes**

**Westin Bayshore Hotel  
Vancouver, British Columbia  
Wednesday, April 10, 2013**

Pre-meeting Breakfast Symposium  
*Hepatitis C/HIV Co-Infection*  
Dr. Brian Conway

### **9:00 – 12:00 Business Meeting**

1. Welcome. Linda called the meeting to order at 9:15. In attendance: Linda Robinson, Nancy Sheehan, Alison Wong, Deborah Yoong, Jeff Kapler, Jinell Mah Ming, Christine Hughes, Pam Nickel, Denise Kreutzwiser, Ann-Genevieve Genest, Debbie Kelly, Michelle Foisy, Linda Akagi, Natalie Dayneka, Carlo Quaia, Shannon Stone, Shanna Chan, Alice Tseng, Cara Hills, Pierre Giguere, Kelly Buxton

Additions to agenda: Niosh guidelines, Member projects (Needs assessment for adolescents transitioning to Adult Care, Non-physician Clinics, Pharmacokinetic Study, CHAP Review Paper, Screening tool), International work, TDM update

#### **2. Executive Report**

Linda provided an overview of CHAP endorsements and group recognition over the past year. These include a letter to support antiretroviral coverage for refugees through Interim Federal Health, practice tools (bone tool, Meds Rec), and collaboration in research initiatives (SONAR: PI Dr. Sunita Vohra; VINTAGE: HIV and aging: PI Dr. Sharon Walmsley). Projects also include a new design for the CHAP website (led by Alice Tseng) and coverage of HIV meds across Canada (led by Deborah Yoong).

CHAP was formed in 1997 and is now ~16 years old. Merck played a key role in supporting formation of this group, along with Michelle Foisy and Alice Tseng.

3. Update CHAP member list – The list was circulated for members to update contact information (email). Alice reminded everyone the need to change email addresses for yahoo groups.

4. Working Group Membership Update - Alison Wong, Cara Hills -Nieminen, and Chantal Ho were added to the working group last year. Will review working group membership Terms of reference.

#### **5. Treasurer Report –**

- Sponsorship funding total: \$40 000 this year; 21 attendees (18 working group, 3 general members).
- The budget was sufficient to cover meeting expenses as well as general operating expenses.

## 6. Old Business

### a. Medication Reconciliation Tool for HIV (Linda R)

Linda is presenting a poster at CAHR. The tool is available as a downloadable form on the CHAP website under useful tools. The pads can be obtained from the Janssen Medical Liaison. The tool can be used as a screening tool in our own practice as well as for community pharmacists. An evaluation has been done on the change in comfort level before/after the med rec session for attendees.

### b. CHAP Initiatives

- “Role of the HIV Pharmacist” paper (Alice T)

The paper was published in CJHP March 2012. The citation is on the CHAP website under publications – link is available for download.

- HIV Pharmacy Information package (Deborah Y)

Deborah and Jinell put together list of key articles. The HIV Residency has key articles as well. Discussion ensued regarding focus of the articles and whether this initiative should be continued. Resources may be good for new HIV pharmacists but not likely of value to community pharmacists. Denise commented that the articles were useful for new pharmacists. It was suggested to change to links on webpage versus .pdf for easier navigation. It was noted that different levels of HIV education required – HIV 101, HIV specialists.

Discussion occurred whether a subcommittee should be struck to keep list of resources up to date. Tabled discussion to the afternoon.

- Algorithm for assessing drug interactions between antiretrovirals and chemotherapy - update (Alison)

Alison is working on this with Alice. Updates to include cobicistat and other new agents. Plan is to finish in the next few months. The algorithm is not on website yet – will be posted in Drug Interactions section – practice tools.

Discussion regarding whether this should be endorsed by CHAP. There is added value to get CHAP endorsement. Linda suggested to continue to vote on endorsements using Survey monkey or other tools.

**Action:** Alice will look into whether webmaster can incorporate voting/polls into website.

- Bone tool – (Michelle)

## **BREAK**

Poster on bone tool will be presented at CAHR. Introduced last year at CHAP meeting. Pdf version on CHAP website. Christine and Michelle presenting at HIV educational rounds in June. Discussion regarding whether bone disease is addressed as part of HIV care across Canada. In Edmonton, clinic is HIV specialty focused. Calgary also specialty clinic but planning CME in June/July on bone disease– many patients do not have primary care clinic physicians. Natalie reported there is a pediatric bone health specialist in Ottawa, Dr. Leeanne Ward. Vit D is given to all children during clinic visits as well as annual bone density screening for children. Debbie indicated screening and management is aggressive in Newfoundland. All patients have baseline BMD – repeated every 2-3 years or every 5 years in younger patients. All patients get Vit D supplements and screening of Ca intake.

Discussion regarding whether CHAP should advocate for coverage of bone resorptive agents. CHAP members could initiate a letter /package of information to provincial drug reviews which could be shared with others. There is an opportunity to share resources/knowledge of what is going on in provinces across the country regarding coverage.

Linda suggested educational sessions needed in order to use tool or start new initiatives related to bone health. Michelle would be willing to present and ViiV is interested in sponsoring. A tear off pad of dietary information would be useful.

There was discussion that there needs to be pressure to include HIV as a risk factor in the Canadian bone guidelines.

- Hazard guidelines (Niosh) (Natalie)

American guidelines for occupational health (Niosh) include drugs that do not appear to belong on the list. It is not clear where they got the information from. Natalie's hospital (CHEO) has purchased WRHA guidelines. Shanna is not sure if zidovudine listed as biohazard. Natalie will wait to see WRHA guidelines before commenting.

**Action:** Natalie will follow up on this issue in CHAP email or possibly newsletter.

- Coverage of ARVs (Deborah)

Deborah asked whether this should be a CHAP initiative to keep it updated. Feedback from members is that information is very useful. Deborah is willing to lead this however representatives needed from each province. It was suggested provincial reps can send changes to Deborah as soon as new coverage information is available.

Reps: BC Linda, Shannon (Sask and first nations), Jeff (Alberta), Deborah/Linda (Ontario), Deb Kelly (Newfoundland), Alison (Quebec and IFH), Shanna (Manitoba), Kathy (Nova Scotia), Josierre (Yukon) Contact information for each province should be added.

It was suggested that pediatric coverage for dependents should be included.

This could lead to a publication or research project. CHAP could also advocate for more patient support programs (e.g co-pay). It was noted that CATIE has information for patients and links to provincial payers.

## 6. New Business

- a. Election of Secretary 2013-2014:

Linda called for volunteer or nomination for secretary. This is a 3 year commitment to CHAP executive. Shanna volunteered and was elected as secretary – congratulations!

- b. Working group membership Terms of Reference edits

Linda proposed the following changes to the working group membership terms of reference:

Add into terms of reference – 4.2.4.1 – (and contribution to a written regional update twice yearly for the newsletter.)

Natalie/Jeff moved. Change approved.

Add into 4.2.4.6 – serving on the executive. A working group member would normally be eligible to serve on executive after a minimum of 2 years as a working group member and attendance at a minimum of 2 CHAP AGMs.

Natalie/Shannon moved. Change approved.

Action: Following meeting Linda will send out affirmation for working group members.

#### Lunch Symposium

*An Up-to-date Review of Integrase Inhibitors*

Speaker: Dr. Marianne Harris

#### **1:15 – 4:00 pm**

Photo Slideshow and yearly Photo

#### 6. New Business (continued)

##### c. Website update (Alice)

Alice provided members an update on changes to UHN website. New website for HCV information. Alice showed new features of CHAP website – file storage section (MEMBERS ONLY) for presentations, photos, full membership information, patient tools. Library of resources. Discussion ensued regarding password protection/how to control.

A question was raised whether we can upload discussion items on website from yahoo. (Discussion forums). Members were encouraged to email Alice thoughts/comments.

##### d. Member projects and possible group initiatives: (all)

- Survey of health care practitioners attitudes and practice patterns for prevention/management of bone disease in HIV-infected persons. (Christine)

Christine discussed CHAP initiative (health practitioner survey) that will be distributed to clinicians across Canada to assess attitudes about managing bone disease and practice patterns. It was suggested physicians and nurses networks could be accessed to distribute survey or possibly through CHAP members. A paper flyer would be useful to advertise online survey to primary care physicians.

- Non-physician clinics (Deborah)

Deborah provided an overview of the non-physician clinic in St. John's. The clinic sees stable patients (pharmacist/NP). They are planning to evaluate the program. Jeff is also doing this in Calgary which has been well received. Would be good to pool data if there is a multi-site initiative.

- Needs assessment for adolescents transitioning to Adult Care Survey (Natalie)

The Canadian HIV Trials Networks is looking to do a needs assessment for adolescents transitioning to adults clinics. Research groups (Jason Brophy) want to survey college of family physicians, social workers, CHAP, nursing associations. They wanted permission to have our contact emails. It was suggested to send invitation to

participate through CHAP listserve. Discussion regarding whether requests should be sent through executive (especially for industry requests).

- New research project (Nancy)

Nancy provided an overview of a pharmacokinetic research project – diabetic patients and absorption of ARVs. In the case of TB, diabetic patients have lower absorption of drugs. The study will compare drug concentrations in diabetic and non-diabetic patients. Patients will be matched for regimens, age, gender. Would involve 1 PK for Ctrough and Cmax. Exclusion criteria – any interacting medications. Nancy will send out more information to working group.

- 15 years of CHAP review paper

Discussion regarding a CHAP review paper describing work over the past 15 years. Could possibly be a Letter to the editor: AJHP (Michelle/Alice is willing to spearhead).

**Action:** Michelle/Alice will send a draft outline to determine if others are interested.

- Screening tool – (Alison)

Discussion regarding whether a screening tool to give to patients to determine whether they need to see a pharmacist should be developed. Screening tool would be quick. Alison is willing to lead.

**Action:** Alison will send email to working group members for volunteers.

## 7. Practice Sharing – (all)

## BREAK

- Nancy provided an update on TDM in Quebec–provincial wide ARV TDM . Offer outside services. Price is going up -from \$60 for first drug and \$40 for each additional drug to \$80 per sample regardless of the number of drugs. BMS setting up agreements with a few other centres for TDM services through Quebec. Working on a TDM website. (literature, targets, and basic information). TDM guidelines in Quebec finalized – will be on Quebec health ministry website in French.
- Shannon – Low health literacy levels identified as a problem in Saskatchewan population. Nurses have developed visual tools – want to do an evaluation. Use beads to describe HIV and CD4 cells. Add to next year – presentation on literacy?

**4:00 – 5:00 pm**

## 8. Case Discussions- Theme: “To Switch or Not To Switch” (Linda R Moderator)

- Shanna shared a challenging case of a pregnant woman and achieving VL suppression.
- Michelle shared a case of simplification in a patient with proteinuria
- Linda presented a case of a patient with acute seroconversion.
- Natalie presented a case of a pediatric patient with HIV-2

**5:05 pm Meeting adjourned**

**6:30 pm CHAP Dinner - Chambar Restaurant 562 Beatty Street**