

# **TACKLING ART RESISTANCE**

## **MANAGEMENT OF TREATMENT EXPERIENCED HIV PART 1**

**Linda Robinson BSc.Pharm, AAHIVP  
HIV Pharmacotherapy Specialist  
Past-Chair CHAP: 2013 & 2021**

We acknowledge the 46 treaties and other agreements .....

## LAND ACKNOWLEDGEMENT

...that cover the territory now called Ontario. We are thankful to be able to work and live in these territories. We are thankful to the First Nations, Metis and Inuit people who have cared for these territories since time immemorial and who continue to contribute to the strength of Ontario and to all communities across the province.

# DISCLAIMER/DISCLOSURE

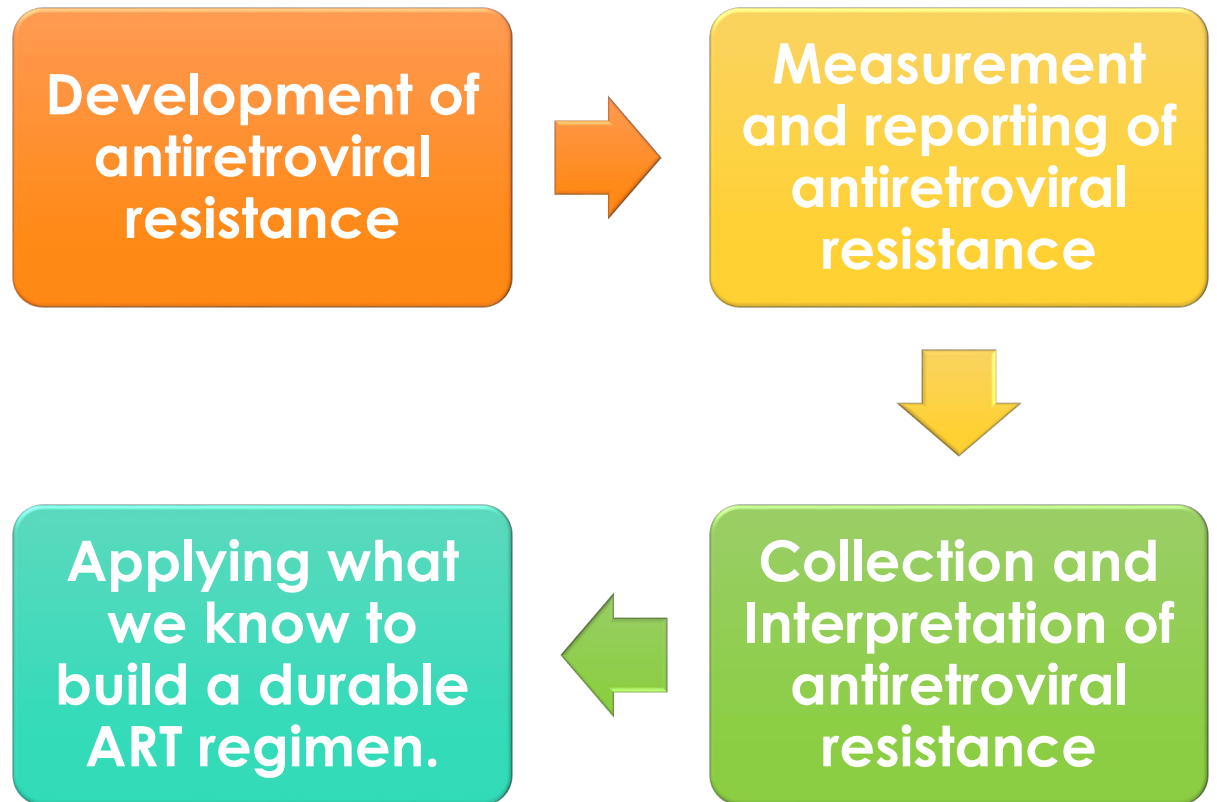
- Speaker Honoraria  
Merck, BMS, ViiV, Gilead, Janssen, Abbvie
- Consulting fees  
Gilead, Janssen, BMS
- Contracted for CME production/presentation  
ViiV, Janssen, BMS, Merck, Gilead, Abbvie

**The opinions and format of this education module are those of Linda Robinson, offering hints and strategies learned throughout her career. It was supported by an unrestricted educational grant through CHAP Education Projects.**

**Special thanks to Merck for the unrestricted grant for this particular inaugural educational series.**



# LEARNING OBJECTIVES





Sometimes a short walk down  
memory lane is all it takes  
to appreciate where you are  
today.

- Susan Gale



# ART DEVELOPMENT TIMELINE

1995



2015



2025



# ART DEVELOPMENT TIMELINE

1995



2015



2026





## HIV THERAPY IN 2002: WHAT WE KNEW

1. Being on treatment will increase your lifespan and decrease the risk of AIDS & non-AIDS conditions.
2. Don't let the immune system become too depleted before starting therapy

# HIV THERAPY IN 2024: WHAT WE KNOW

1. Modern treatment will normalize your lifespan and virtually eliminate the risk of AIDS & non-AIDS conditions.
2. The earlier you start, the better, regardless of viral load or immune status
3. Simple, yet durable, is the best option for the ART regimen AND patient longevity.



# WHEN TO CHANGE THERAPY

- When it is no longer working
- When the patient wants to
- When something better comes along



# REASONS FOR REGIMEN SIMPLIFICATION/MODERNIZATION

---

Decrease pill burden

---

Simplify dosing times

---

Reduce Side Effects

---

Avoid Drug Interactions

---

Cost savings?

---

# GOALS OF HIV TREATMENT

- Maximal and durable suppression of viral load
- Restoration and/or preservation of immunologic function
- Reduction of HIV-related morbidity and mortality
- Improvement of quality of life
- PREVENTION OF TRANSMISSION
- ENGAGEMENT AND RE-ENGAGEMENT
- SAFETY and LONGEVITY
- SIMPLIFICATION/MODERNIZATION

# LEARNING OBJECTIVES



Development of antiretroviral resistance



Measurement and reporting of antiretroviral resistance



Applying what we know to build a durable ART regimen.



Collection and Interpretation of antiretroviral resistance

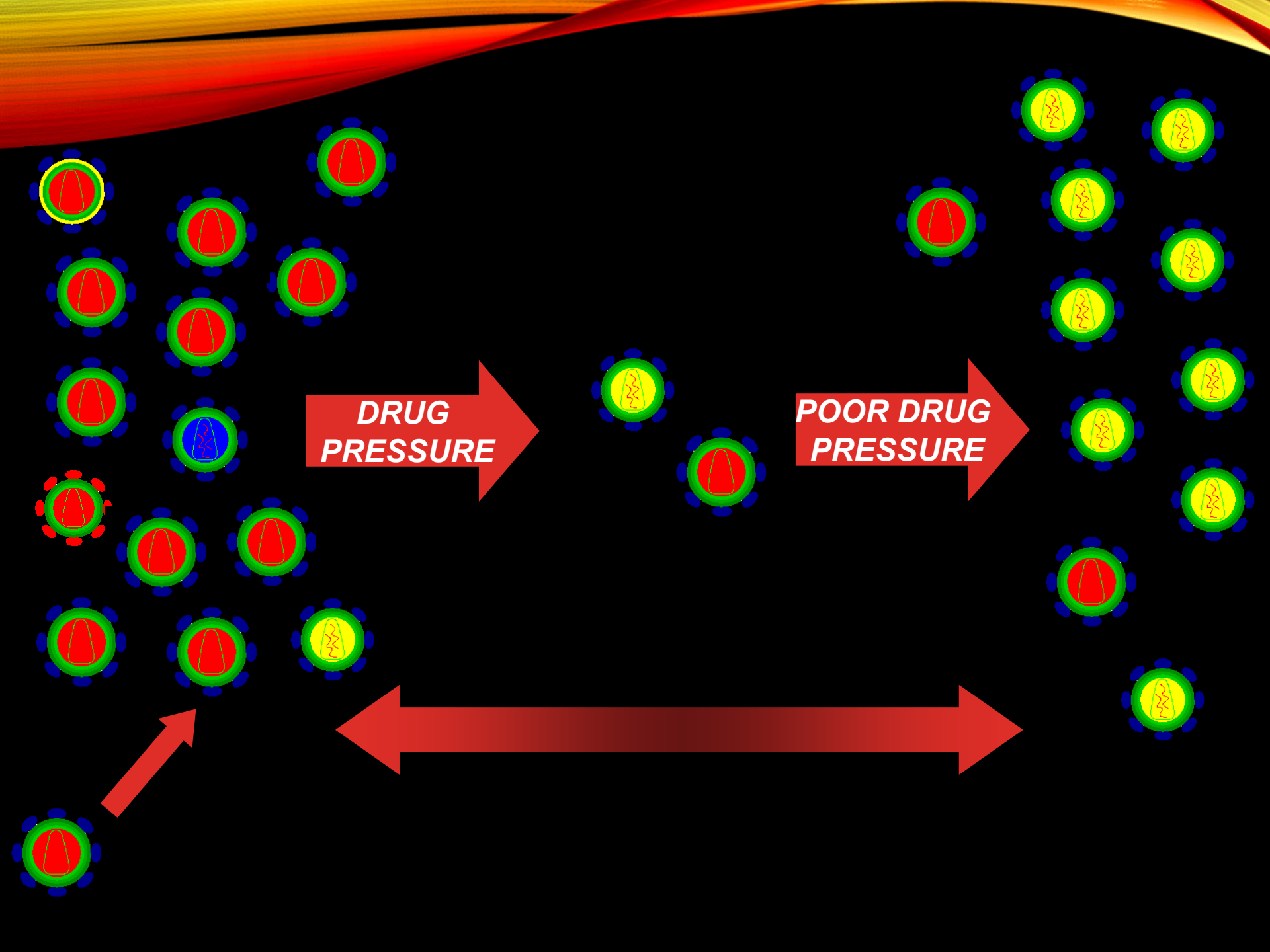
# TYPES OF RESISTANCE

## **PRIMARY (transmitted) RESISTANCE**

The virus that is transmitted upon infection is a mutated, antiretroviral resistant 'quasispecies' of HIV.

## **ACQUIRED RESISTANCE**

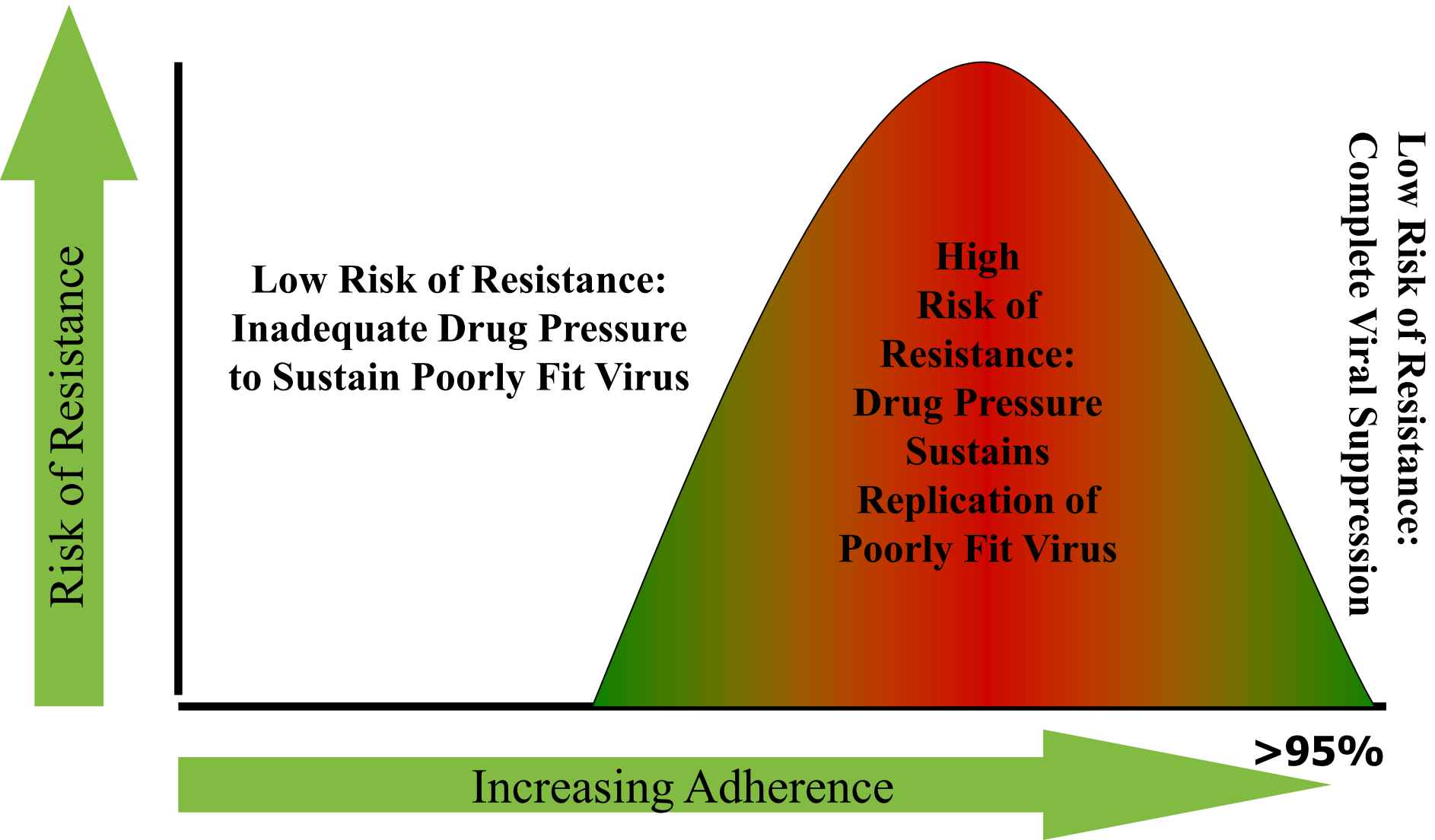
A 'quasispecies' or mutant strain of HIV evolves as the dominant strain under suboptimal antiretroviral pressure.



# “POOR DRUG PRESSURE”

- Pharmacokinetic reasons:
  - Absorption
  - Metabolism
  - Distribution
  - Excretion
- Choice of medications and/or incorrect dosing
- POOR ADHERENCE!
- Genetic Barrier to Resistance

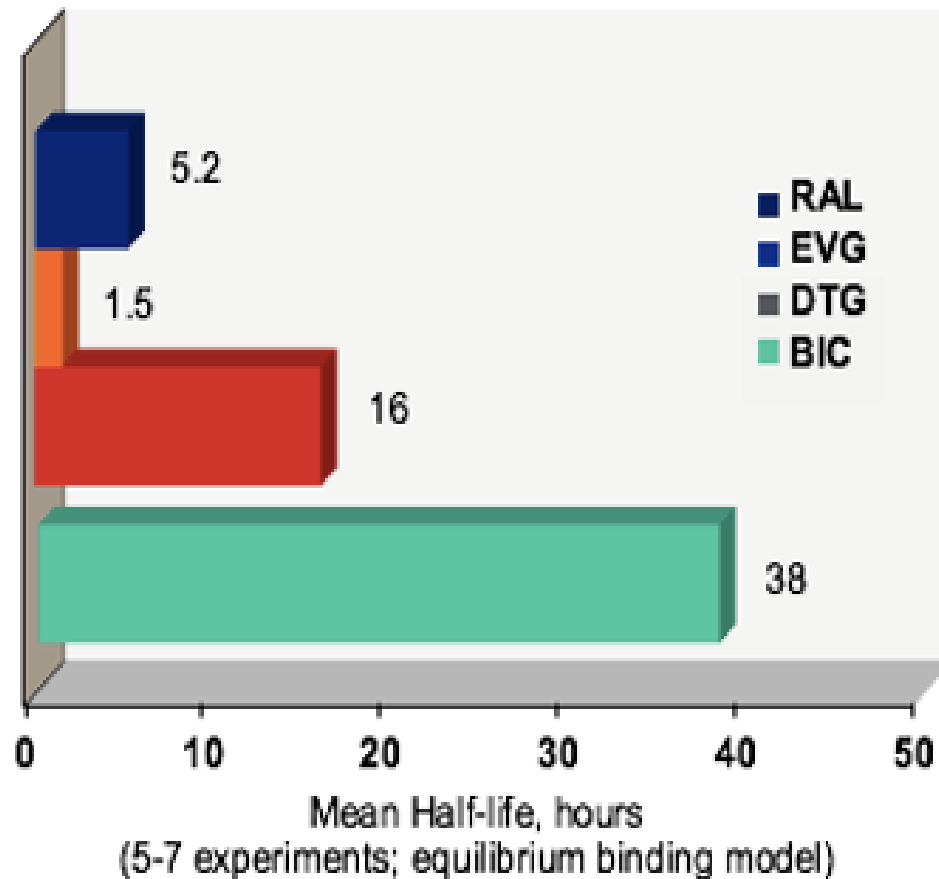
# ADHERENCE & RISK OF RESISTANCE



# THE FORGIVENESS FACTOR

- **2 drug vs 3 drug**
- **“missed doses”**
- **Pharmacokinetic Improvements**
- **The chemistry of drug design**

## Dissociation Half-life of INSTIs



### Wild Type HIV-1 IN Dissociation $T_{1/2}$

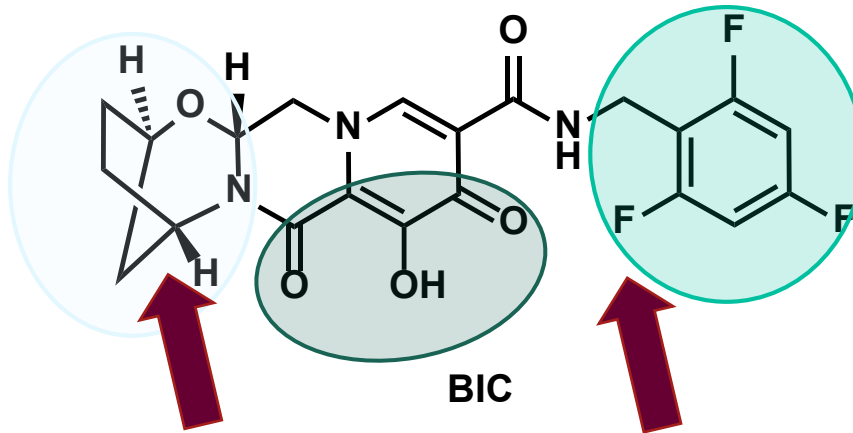
- BIC vs DTG ( $p=0.017$ )
- BIC vs RAL ( $p=0.003$ )
- BIC vs EVG ( $p=0.0006$ )

The dissociation half-life of BIC from wild type HIV-1 integrase-DNA complexes is twice as long as DTG

# NOVEL CHEMICAL STRUCTURE: BICTEGRAVIR

## Side Chain:

- Bridging *bicyclic* ring
- Metabolic stability
- Allows favorable low levels of free fraction in plasma
  - Low PXR activation leading to no CYP3A induction<sup>3</sup>

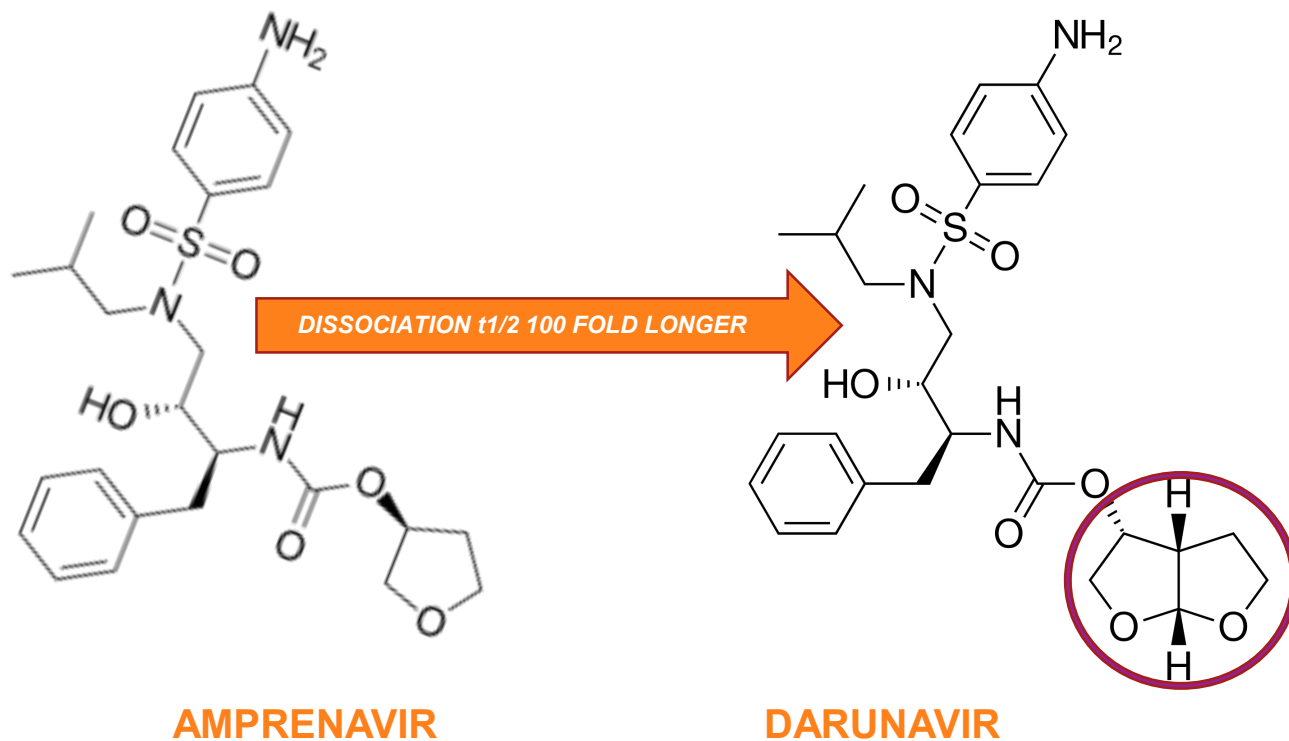


## Halogenated Phenyl group:

- Interacts with the integrase pocket that is normally occupied by the terminal 3' base of viral DNA
- Improves the solubility molecule

1. Lazerwith SE, et al. ASM 2016. Boston, MA. Poster #414.
2. Tsiang M, et al. ASM 2016. Boston, MA. Poster #416
3. Tebbens JD, et al. Int. J. Mol. Sci. 2018, 19, 1785; doi:10.3390/ijms19061785

# WE'VE SEEN THIS PHENOMENON BEFORE



[J Virol](#). 2007 Dec; 81(24): 13845–13851.  
Published online 2007 Oct 10. doi: [10.1128/JVI.01184-07](#)

PMCID: PMC216871  
PMID: [17928344](#)

**Binding Kinetics of Darunavir to Human Immunodeficiency Virus Type 1 Protease Explain the Potent Antiviral Activity and High Genetic Barrier<sup>∇</sup>**

[Inge Dierynck](#),\* [Mieke De Wit](#), [Emmanuel Gustin](#), [Inge Keuleers](#), [Johan Vandersmissen](#), [Sabine Hallenberger](#), and [Kurt Hertogs](#)

# PHARMACOFRAGILITY SIMPLY...

## PHARMACOFRAGILITY

Poor adherence



Insufficient drug concentrations



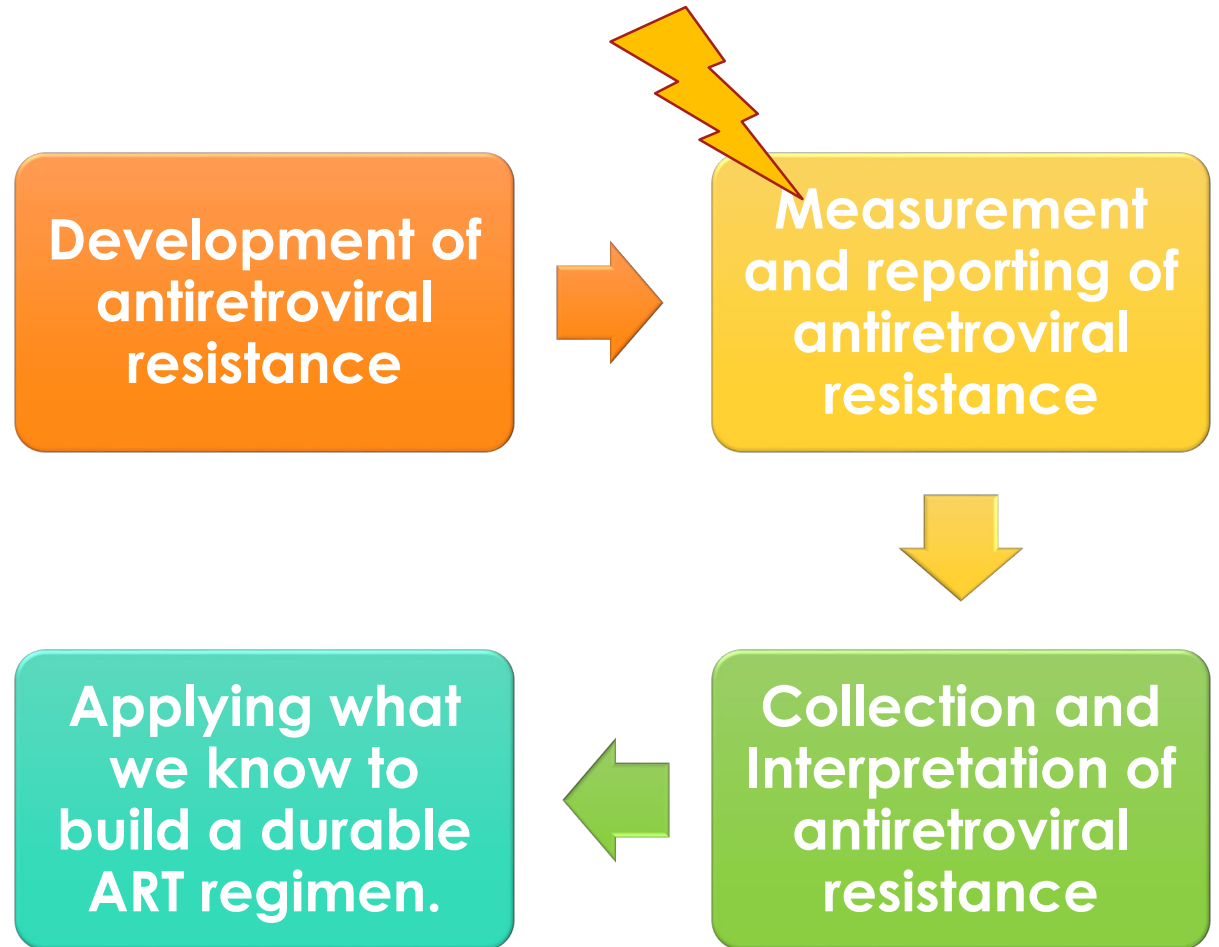
Viral replication in the presence of drug



Resistance



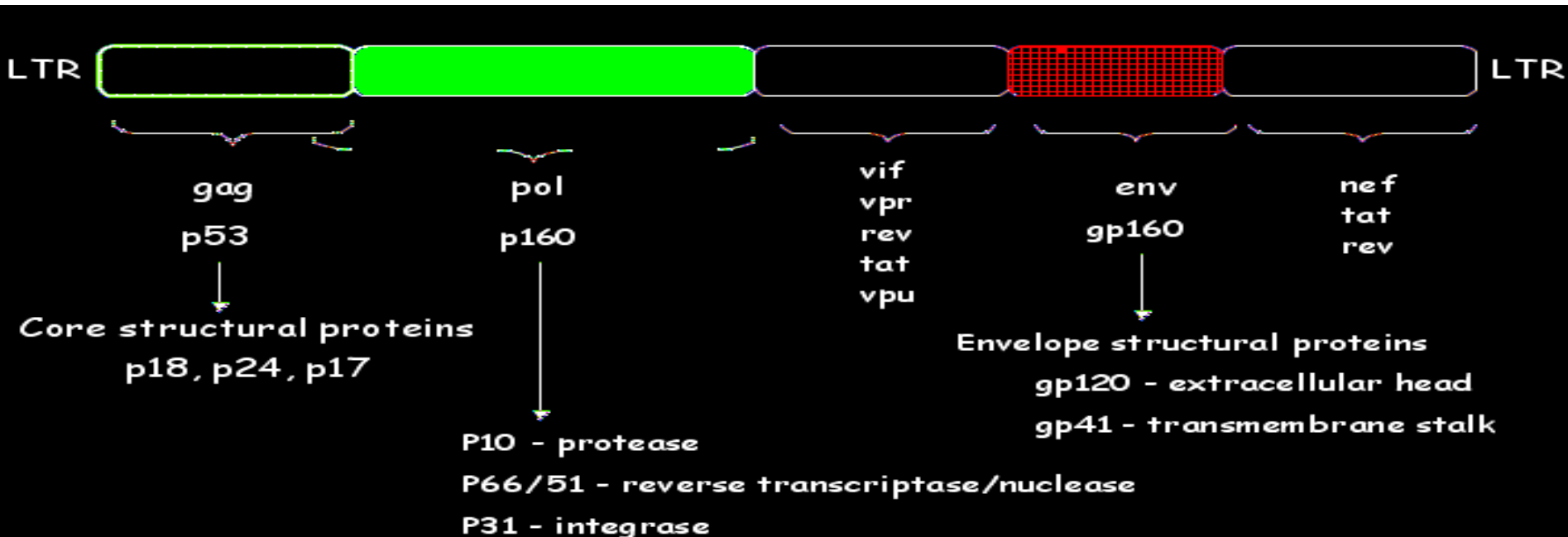
# LEARNING OBJECTIVES



# RESISTANCE ASSAYS

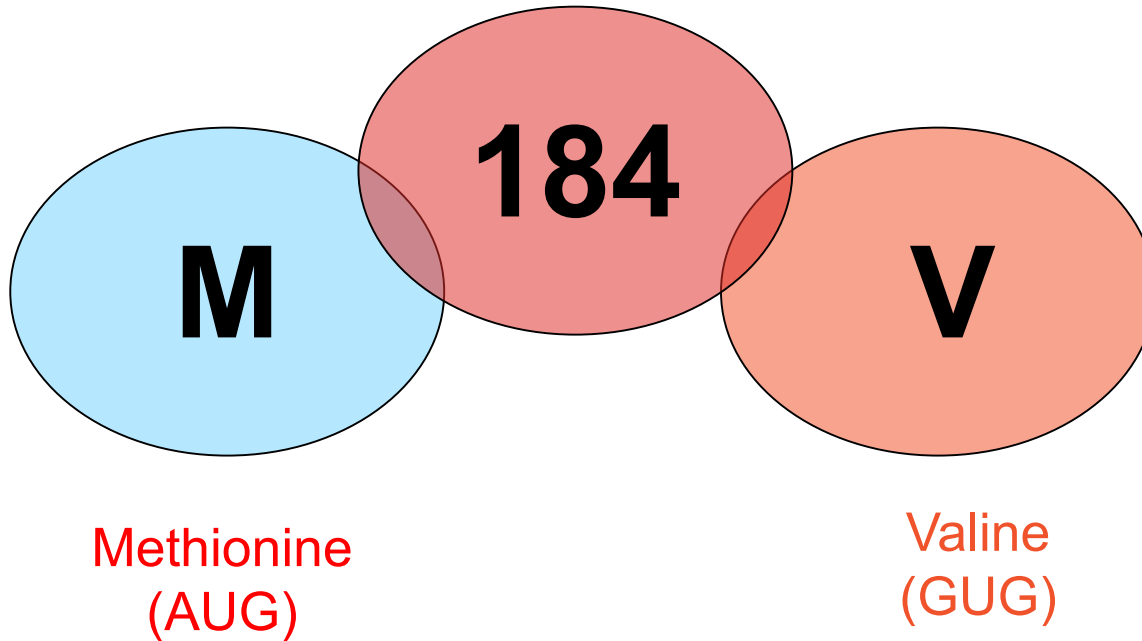
## Genotype:

Looks at the structure of the HIV genome and detects changes in the section that codes for RT and Protease by sequencing viral RNA



# REPORTING MUTATIONS

RT position 184



DRUGS	FOLD CHANGE <sup>1</sup>	CUT-OFF <sup>2</sup>	RESISTANCE ANALYSIS <sup>3</sup>	CLINICAL NOTES <small>(see p2 for details)</small>
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**NRTI / NtRTI mutations: 41L, 44D, 67N, 75M, 118I, 184V, 208Y, 210W, 211wt/K, 214F, 215Y, 218E, 219N**



NRTI/NtRTI

Retrovir®	Zidovudine	12.6	1.2	9.6	MINIMAL RESPONSE	
Epivir®	Lamivudine	46.0	1.0	3.4	MINIMAL RESPONSE	
Videx®	Didanosine	2.1	0.9	2.6	REDUCED RESPONSE	
Zerit®	Stavudine	1.9	0.9	2.0	REDUCED RESPONSE	
Ziagen®	Abacavir	4.9	0.8	1.9	MINIMAL RESPONSE	
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**NNRTI mutations: 98S, 103N**

NNRTI

Viramune®	Nevirapine	53.3	5.5		RESISTANT	
Sustiva® , Stocrin®	Efavirenz	11.8	3.4		RESISTANT	


**PI mutations: 10I, 15V, 20R, 35D, 36I, 37D, 46L, 53L, 54V, 55R, 58E, 62V, 63P, 71V, 73T, 82A, 90M**

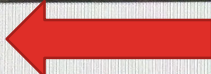
PI

Crixivan®	Indinavir	119.8	0.9	4.5	MINIMAL RESPONSE	
Crixivan ®; boosted	Indinavir/r	119.8	10.6	40.1	MINIMAL RESPONSE	
Viracept®	Nelfinavir	55.1	1.3	7.3	MINIMAL RESPONSE	
Invirase®; boosted	Saquinavir/r	138.8	7.1	26.5	MINIMAL RESPONSE	
Lexiva®, Telzir®; boosted	Fosamprenavir/r	9.3	1.3	11.4	REDUCED RESPONSE	
Kaletra®	Lopinavir/r	105.0	9.7	56.1	MINIMAL RESPONSE	
Reyataz®; boosted	Atazanavir/r	103.6	2.7	32.9	MINIMAL RESPONSE	
Aptivus®; boosted	Tipranavir/r	2.8	1.2	5.4	REDUCED RESPONSE	Note 1
Prezista™; boosted	Darunavir/r	2.4	3.4	96.9	MAXIMAL RESPONSE	Note 2

Confidential

Patient ID: 17N0078275	Sample Date: 21-Mar-2017
Secondary ID:	Study ID: DRT
Birthdate: 09-Sep-1955	Report Date: 10-Apr-2017
	Clade: C

NRTI/NtRTI Drugs	Fold Change <sup>1</sup>	Cut-off <sup>2</sup>		Resistance Analysis <sup>3</sup>
Zidovudine (Retrovir)	1.5	1.5	11.4	SUSCEPTIBLE
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Stavudine (Zerit)	0.7	1.0	2.3	SUSCEPTIBLE
Abacavir (Ziagen)	2.4	0.9	3.5	REDUCED RESPONSE
Emtricitabine (Emtriva)	38.7	3.1		RESISTANT
Tenofovir (Viread)	0.7	1.0	2.3	SUSCEPTIBLE
<b>NRTI/NtRTI Mutations<sup>4</sup>: 184V, 215N/S/W/Y</b> 				

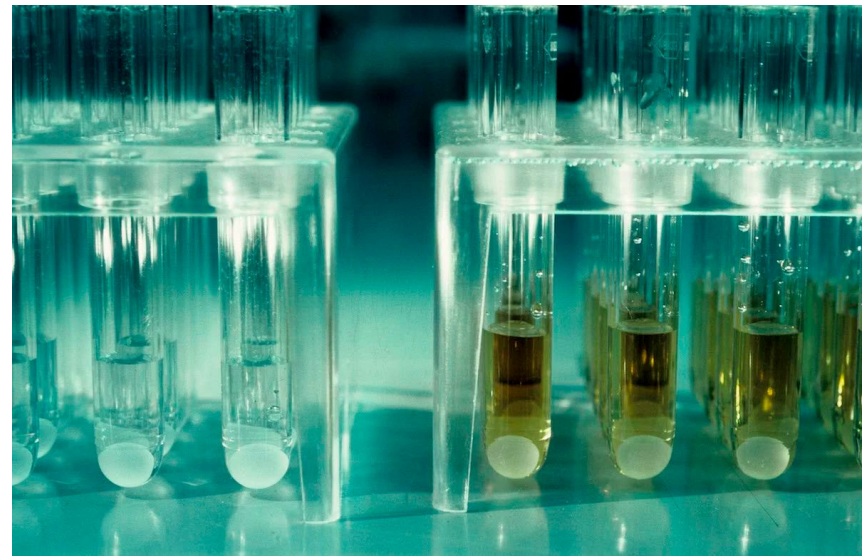
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Nelfinavir (Viracept)	1.4	2.2	9.4	SUSCEPTIBLE
Saquinavir/r (Invirase)	0.7	3.1	22.6	SUSCEPTIBLE
Fosamprenavir/r (Lexiva, Telzir)	0.7	1.5	19.5	SUSCEPTIBLE
Lopinavir/r (Kaletra)	0.6	6.1	51.2	SUSCEPTIBLE
Atazanavir/r (Reyataz)	0.9	2.5	32.5	SUSCEPTIBLE
Tipranavir/r (Aptivus)	0.8	1.5	7.0	SUSCEPTIBLE
Darunavir/r (Prezista)	0.5	10.0	106.9	SUSCEPTIBLE
<b>PI Mutations<sup>4</sup>: 74S</b>				

# RESISTANCE ASSAYS

## Phenotype:

Looks at the function of the HIV and measures its ability to grow in different concentrations of antiretroviral drugs.

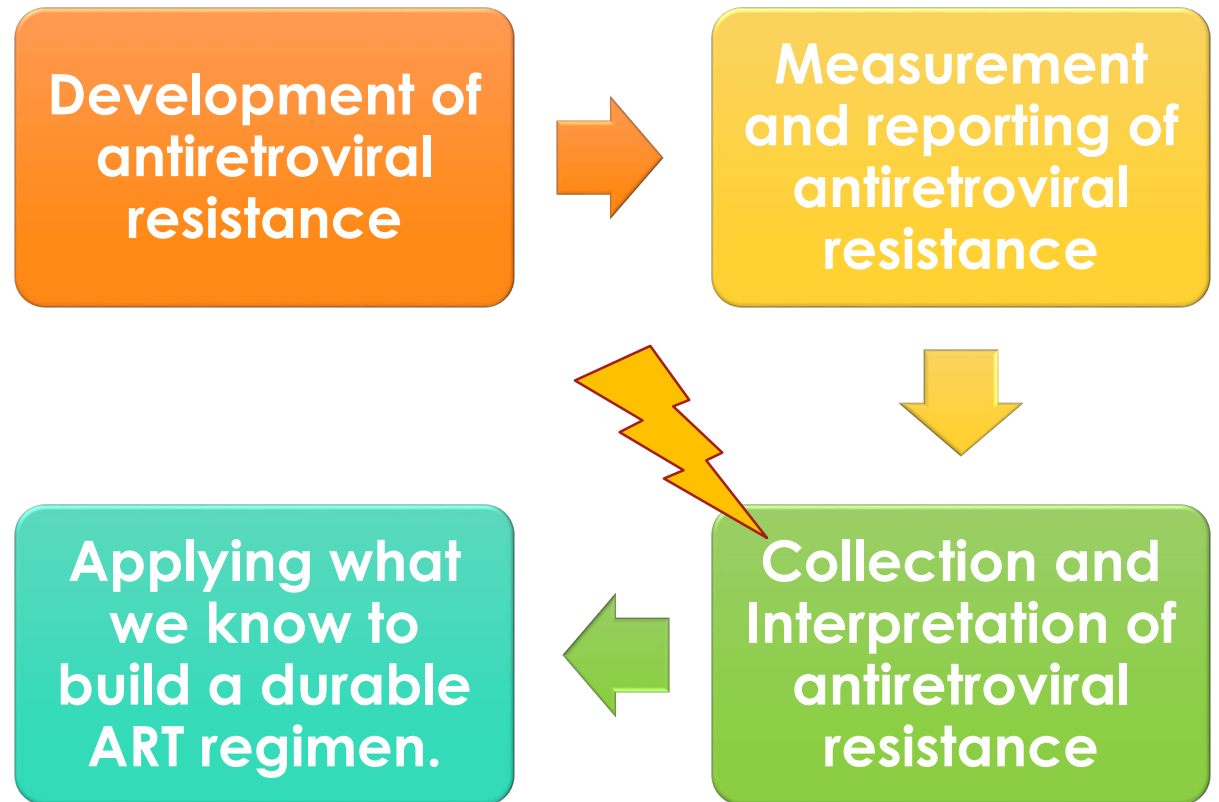


# **TACKLING ART RESISTANCE**

## **MANAGEMENT OF TREATMENT EXPERIENCED HIV PART 2**

**Linda Robinson BSc.Pharm, AAHIVP  
HIV Pharmacotherapy Specialist  
Past-Chair CHAP: 2013 & 2021**

# LEARNING OBJECTIVES

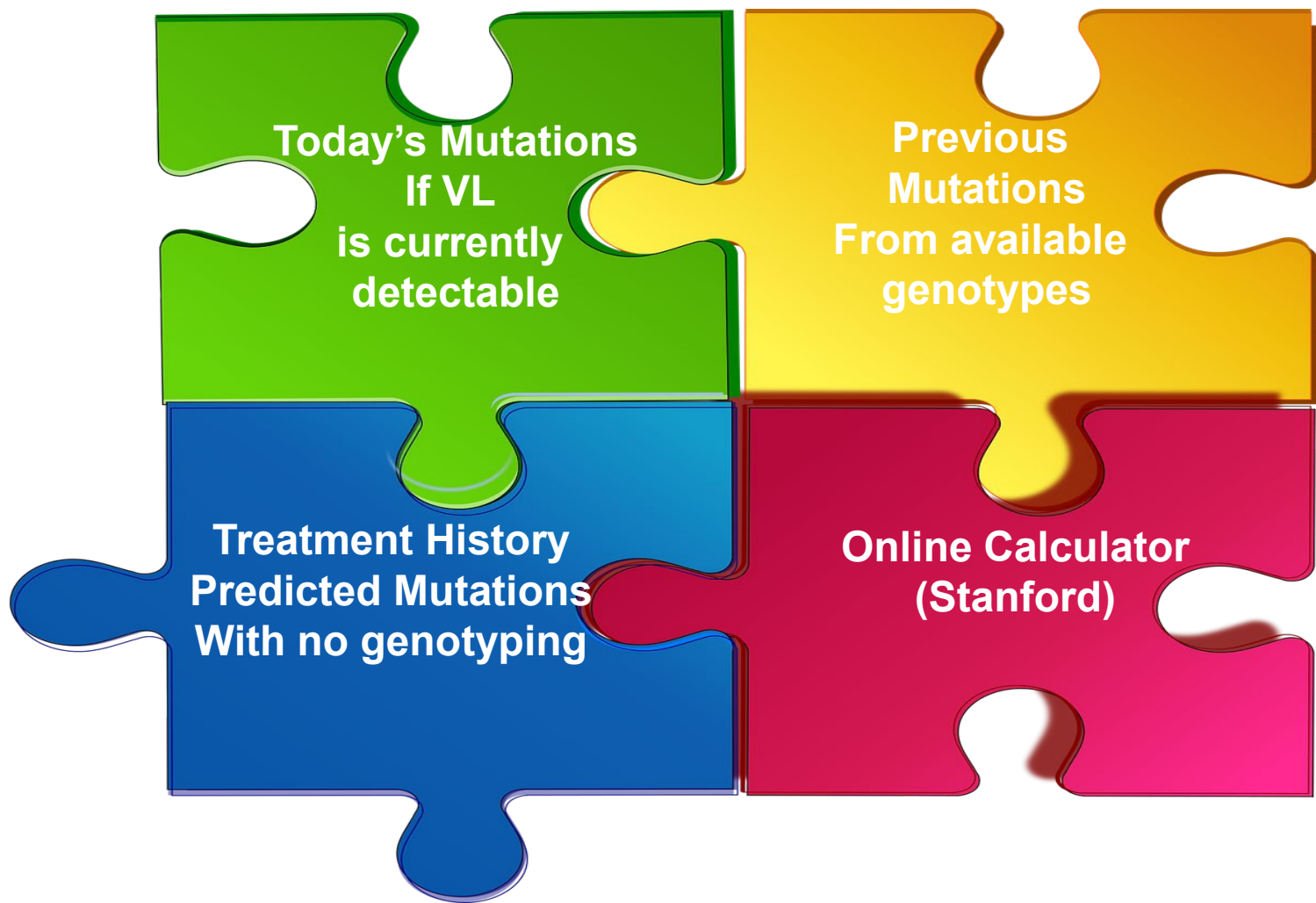


# A CASE EXAMPLE

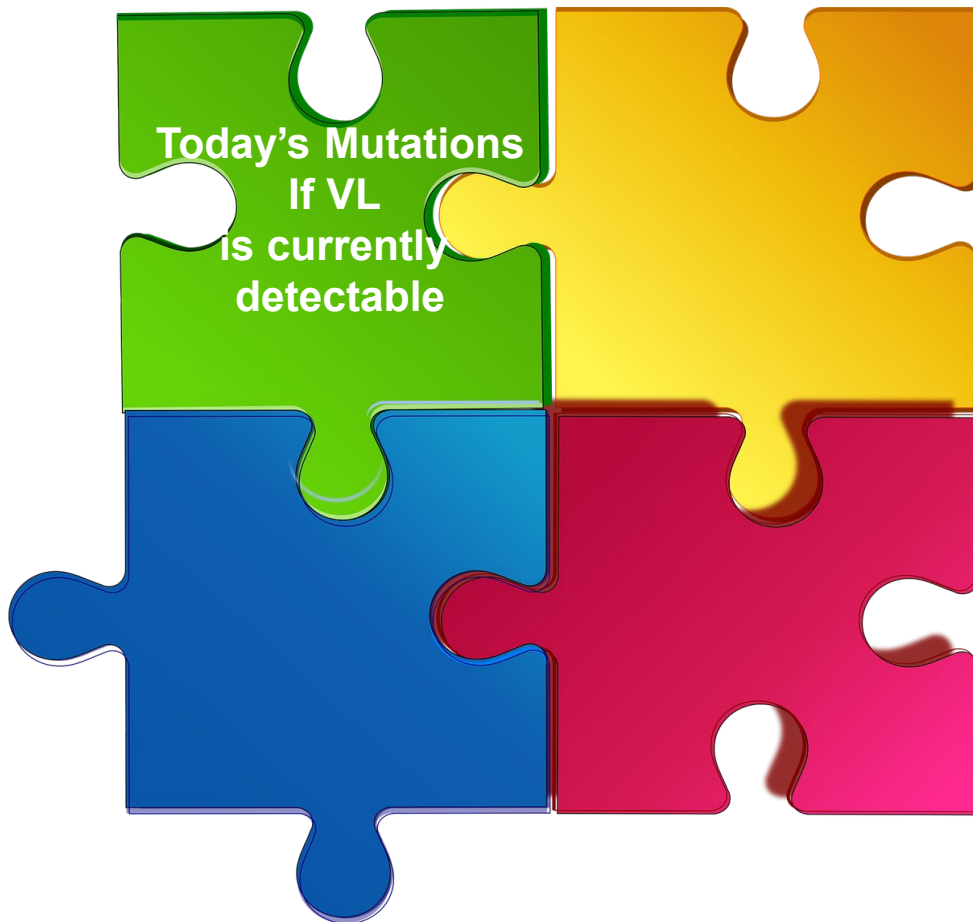
- HIV+ve x 30 years
- On 6<sup>th</sup> regimen
- RTV Boosted Darunavir BID and Raltegravir BID and Etravirine BID
- Has been undetectable on this regimen for 8 years
- Asks if you can give him once daily regimen and less pills



# BUILDING THE BEST ART REGIMEN IS AS EASY AS BUILDING A PUZZLE



# RESISTANCE TODAY



- He is currently undetectable
- Not only can we not do a genotype because we need enough virus to grow.....
- We can also assume that there is activity from the current combination and doses of drugs because they are suppressing his virus

DRUGS	FOLD CHANGE <sup>1</sup>	CUT-OFF <sup>2</sup>	RESISTANCE ANALYSIS <sup>3</sup>	CLINICAL NOTES <small>(see p2 for details)</small>
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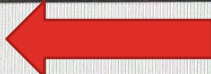
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Confidential

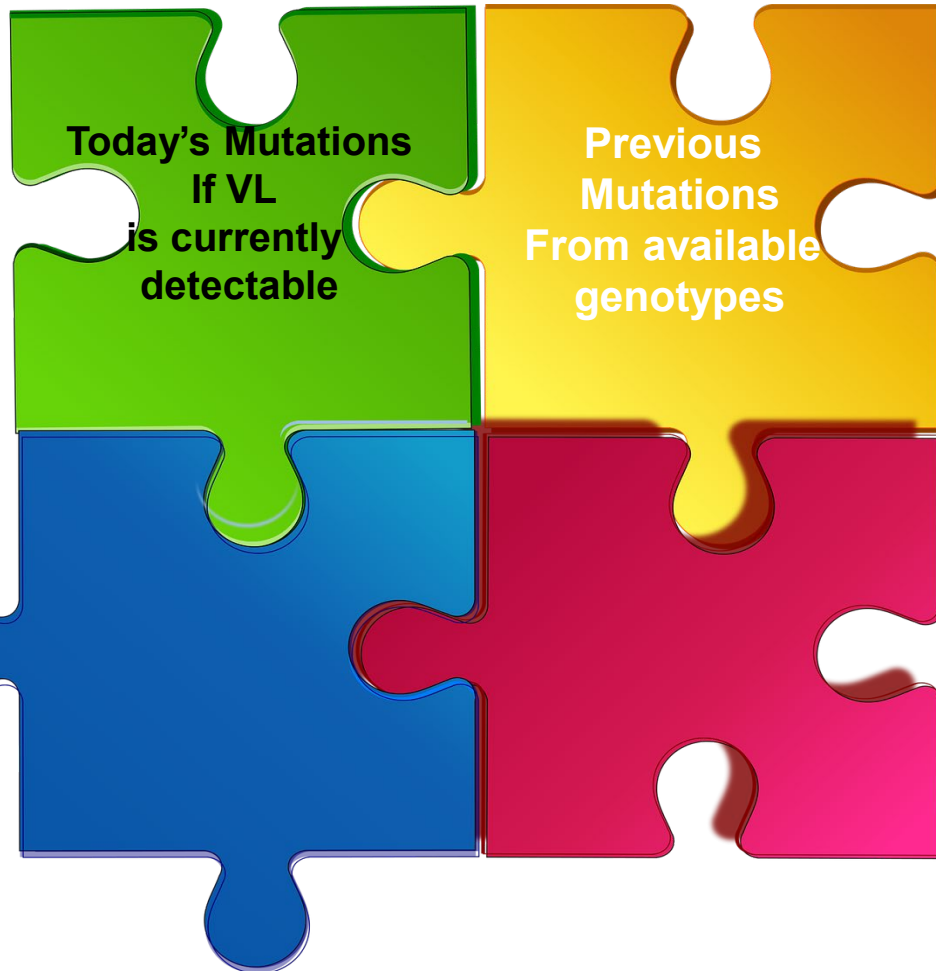
<b>Patient ID:</b> 17N0078275	<b>Sample Date:</b> 21-Mar-2017
<b>Secondary ID:</b>	<b>Study ID:</b> DRT
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	<b>Clade:</b> C

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Darunavir/r (Prezista)	0.5	10.0	106.9	SUSCEPTIBLE
<b>PI Mutations<sup>4</sup>: 74S</b>				

# ARCHIVED RESISTANCE



- 2000 NVP + DDI + D4T
  - RT 181C, 74V, 67N
- 2002 NFV + DDI + ABC
  - PI 30N, 90M
  - RT 74V, 44D, 65R
- 2003 IDV/r + DDI + TDF
  - PI 82A
  - RT same
- 2007 LPV/r + TDF + AZT
  - PI (none)
  - RT 41L, 215Y



# BC GENOTYPE LABORATORY

## General Information

**Confidentiality** BC-CfE laboratory test results, like other laboratory results, are kept strictly confidential.

**Turnaround Time** BC-CfE laboratory test results are usually available within 2 weeks (after samples received from other clinical laboratories).

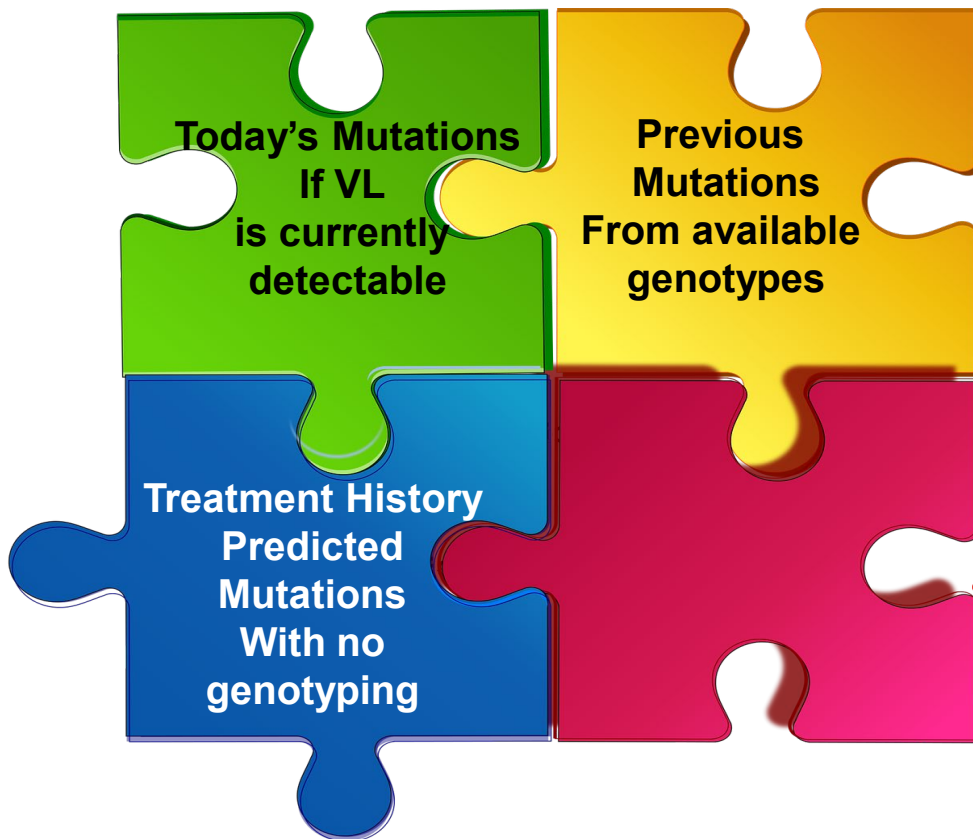
**Specimen collection and handling instructions:** [See Laboratory Test Order Forms](#)

**Who can I contact if I have any questions?** If you have any questions, please contact us at 1-800-517-1119 during business hours (9 AM to 5 PM PST).

**Suggestions concerns, compliments and complaints** can be emailed to [lab@bccfe.ca](mailto:lab@bccfe.ca)

**1-800-517-1119**

# PREDICTED RESISTANCE



Positive x 30 years  
= Diagnosis in 1994!

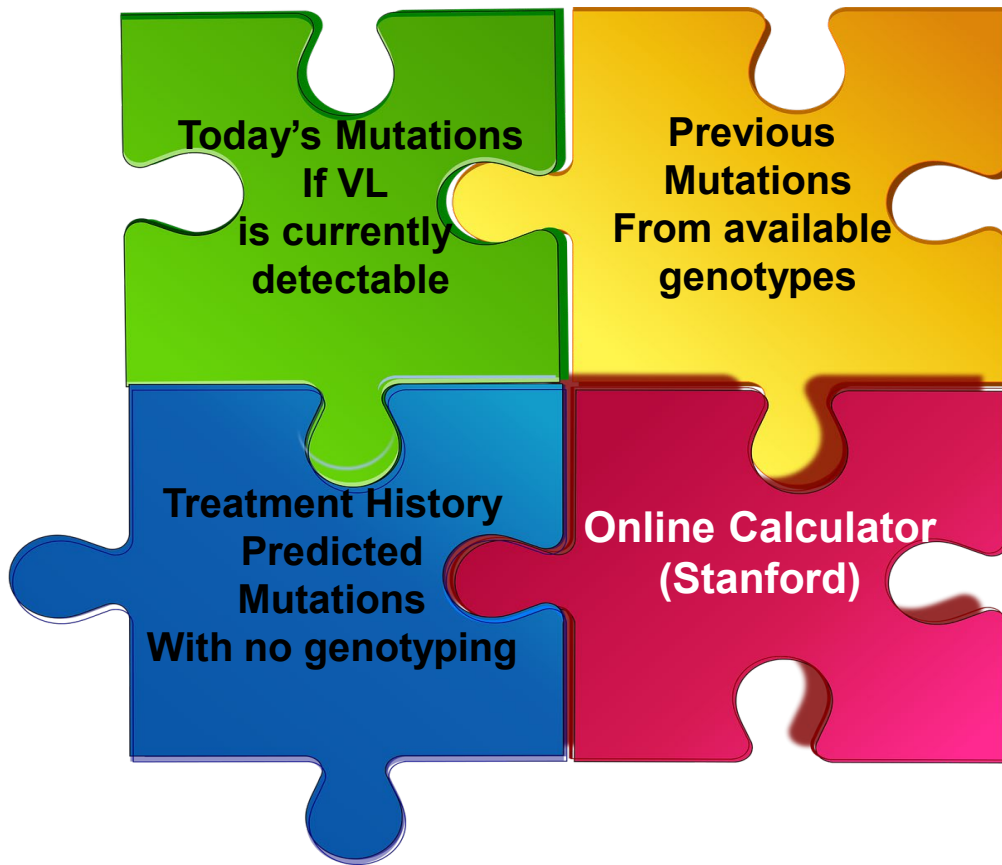
Triple Therapy not available until  
1995.

Genotypes not available until  
1999!

History reveals Dual therapy  
with AZT/3TC

- **Prediction? ... 184 V and any missing TAMŠ (210W)**

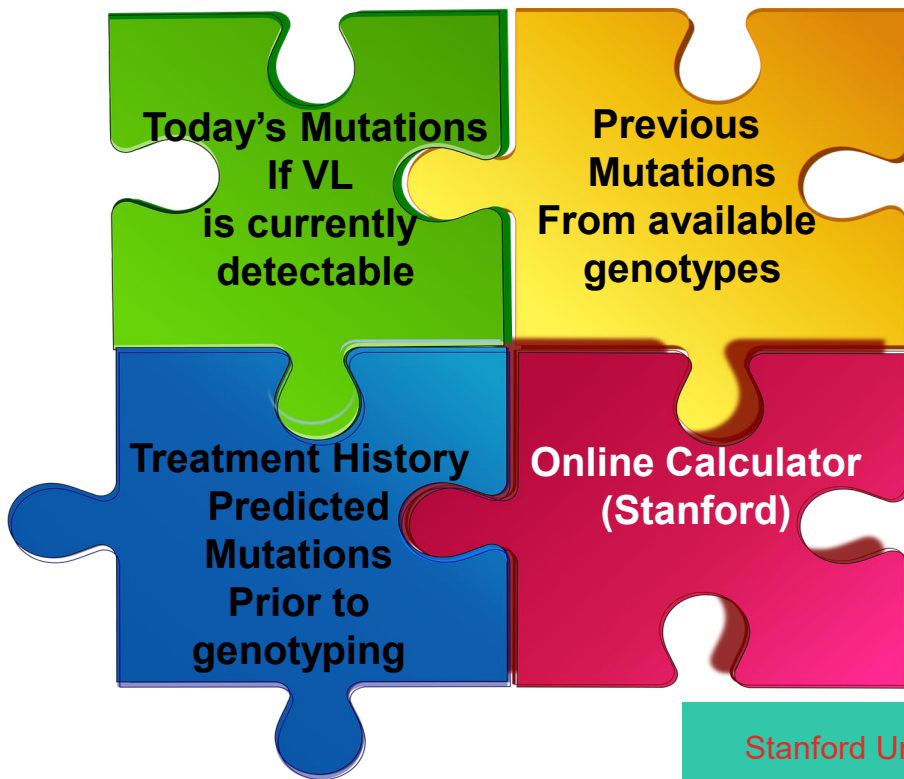
# PUTTING THE PIECES TOGETHER



A spiral-bound notebook with a gold-colored metal spiral binding. The notebook is open to a page with a table of mutation data. The table has a red header and a light blue body. The text in the table is as follows:

Enzyme	Total of Mutations
Reverse Transcriptase	41L 44D 67N 74V 184V 181C, 210W, 215Y
Protease	30N 82A 90M
Integrase	None

# RESISTANCE MUTATIONS ARE A KEY CONSIDERATION IN BUILDING DURABLE ART REGIMENS



## Stanford University HIV Drug Resistance Database

- Allows one to enter either a mutation list or a sequence
- Offers an on-line analysis, comparison and report from 3 reputable, world-known algorithms

Stanford University HIV Drug Resistance Database <http://hivdb.stanford.edu/>

**SEARCH: HIVDB**



Stanford University

# HIV DRUG RESISTANCE DATABASE

A curated public database to represent, store and analyze HIV drug resistance data.


[HOME](#) [GENOTYPE-RX](#) [GENOTYPE-PHENO](#) [GENOTYPE-CLINICAL](#) [HIVDB PROGRAM](#) [VISTAS PROGRAM](#) [ABOUT HIVDB](#)

SUPPORT HIVDB!



**HIVDB Algorithm  
Version 9.7**

Nov 09, 2024



**Sierra 3.5.2**

[release notes](#) / [web service](#)

Nov 09, 2024

**HIV Drug Resistance Tutorials**

[NRTI / NNRTI / PI / INSTI / HIVDR  
Intepretation Program](#)

Jun 02, 2024

**HIVDB Viral Sequence and  
Treatment Submission  
(VISTAS) Program**

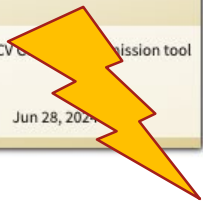
HIV, HBV, HCV [Submission tool](#)

Jun 28, 2024

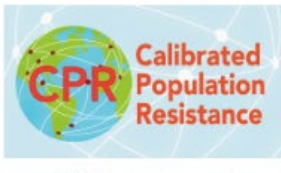
**HIV in vitro selection**

HIV in vitro selected PR, RT, IN and CA  
mutations

May 13, 2024

Open Postdoctoral Position



**CPR** Calibrated  
Population  
Resistance

HIVDB released on Oct 02, 2024

[Query](#) / [Download](#)



### Genotype-treatment

[ARV selection data](#) comprising 221,425 protease, 231,112 RT, 36,610 integrase and 23,833 capsid HIV-1 virus sequences from 261,832 persons; 1,075 protease, 838 RT and 340 integrase HIV-2 virus sequences from 1,139 persons. [In vitro selection data](#) includes 1,111 HIV-1 in vitro selection data of PR, RT and IN.

HIVdb Program

Drug Resistance Summaries  
(Download PDF)

[PIs](#) [NRTIs](#) [NNRTIs](#) [INSTIs](#)

[CAIs](#)



Stanford University

## HIV DRUG RESISTANCE DATABASE

*A curated public database to represent, store and analyze HIV drug resistance data.*

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**SUPPORT HIVDB!**

## HIVdb Program: Mutations Analysis

HIVdb accepts user-submitted protease, RT, and integrase sequences or mutations and returns inferred levels of resistance to the most commonly used protease, nucleoside, non-nucleoside, and integrase inhibitors. Its purpose is educational and as such it provides extensive comments and a highly transparent scoring system that is hyperlinked to data in the HIV Drug Resistance Database. A detailed description of the program as well as all updates is in the [Release Notes](#). A [web service](#) has been created to allow users to access HIVdb programmatically.

**New: this program is now available for [analyzing SARS-CoV-2 mutations, FASTA, and FASTQ \(NGS\) sequences.](#)**

Protease, RT, and integrase mutations can be entered using either the text box or auto-suggestion boxes. To use the text box, type each mutation separated by one or more spaces. The consensus wildtype and separating commas are optional. If there is a mixture of more than one amino acid at a position, write both amino acids (an intervening slash is optional). Insertions should be indicated by "Insertion" and deletions by "Deletion".

### Drug display options

By default, results will be shown for checked ARVs. Use checkboxes for additional ARVs. ([select all ARVs](#), [revert to default](#))

NRTI:  ABC  AZT  FTC  3TC  TDF  D4T  DDI

NNRTI:  DOR  EFV  ETR  NVP  RPV

INSTI:  BIC  CAB  DTG  EVG  RAL

PI:  ATV/r  DRV/r  LPV/r  FPV/r  IDV/r  NFV  SQV/r

TPV/r



## Protease

Enter/paste mutations

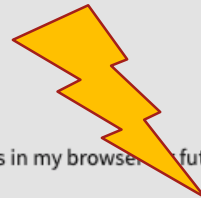
10 ---	11 ---	13 ---	20 ---	23 ---	24 ---	30 ---	32 ---	33 ---	35 ---	36 ---
43 ---	46 ---	47 ---	48 ---	50 ---	53 ---	54 ---	58 ---	63 ---	71 ---	73 ---
74 ---	76 ---	77 ---	82 ---	83 ---	84 ---	85 ---	88 ---	89 ---	90 ---	93 ---

## Integrase

Enter/paste mutations

51 ---	66 ---	74 ---	92 ---	95 ---	97 ---	114 ---	118 ---	121 ---	128 ---	138 ---
140 ---	143 ---	145 ---	146 ---	147 ---	148 ---	149 ---	151 ---	153 ---	155 ---	157 ---
163 ---	230 ---	232 ---	263 ---							

Save input mutations in my browser for future use



Reset

Analyze

Drug resistance interpretation: PR

HIVDB 9.7 (2024-11-09)

PI Major Mutations: **D30N** • **V82A** • **L90M**  
PI Accessory Mutations: None  
PR Other Mutations: None

#### Protease Inhibitors

<b>atazanavir/r (ATV/r)</b>	Intermediate Resistance
<b>darunavir/r (DRV/r)</b>	Susceptible
<b>lopinavir/r (LPV/r)</b>	Intermediate Resistance

#### PR comments

##### Major

- **D30N** is a non-polymorphic mutation NFV-selected mutation that causes high-level resistance to NFV but not to other PIs.
- **V82A** is a non-polymorphic mutation selected primarily by IDV and LPV. It is associated with reduced susceptibility to LPV and to a lesser extent ATV. It increases DRV susceptibility.
- **L90M** is a non-polymorphic PI-selected mutation that reduces susceptibility to ATV and to a lesser extent LPV.

NRTI Mutations: [M41L](#) · [E44D](#) · [D67N](#) · [L74V](#) · [M184V](#) · [L210W](#) · [T215Y](#)  
NNRTI Mutations: [Y181C](#)  
RT Other Mutations: None

#### Nucleoside Reverse Transcriptase Inhibitors

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<b>abacavir (ABC)</b>	High-Level Resistance
<b>zidovudine (AZT)</b>	High-Level Resistance
<b>emtricitabine (FTC)</b>	High-Level Resistance
<b>lamivudine (3TC)</b>	High-Level Resistance
<b>tenofovir (TDF)</b>	High-Level Resistance

#### Non-nucleoside Reverse Transcriptase Inhibitors

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<b>doravirine (DOR)</b>	Susceptible
<b>efavirenz (EFV)</b>	Intermediate Resistance
<b>etravirine (ETR)</b>	Intermediate Resistance
<b>nevirapine (NVP)</b>	High-Level Resistance
<b>rilpivirine (RPV)</b>	Intermediate Resistance

## RT comments

### NRTI

- **M41L** is a TAM that usually occurs with T215Y. In combination, **M41L** plus T215Y confer intermediate / high-level resistance to AZT and d4T and contribute to reduced ddI, ABC and TDF susceptibility.
- **E44D** is a relatively non-polymorphic accessory mutation; E44A is a nonpolymorphic accessory mutation. Each usually occurs with multiple TAMs.
- **D67N** is a non-polymorphic TAM associated with low-level resistance to AZT.
- **L74V** causes intermediate ABC resistance. L74I causes low-level ABC resistance.
- **M184V/I** cause high-level in vitro resistance to 3TC and FTC and low/intermediate resistance to ABC (3-fold reduced susceptibility). **M184V/I** are not contraindications to continued treatment with 3TC or FTC because they increase susceptibility to AZT and TDF and are associated with clinically significant reductions in HIV-1 replication.
- **L210W** is a TAM that usually occurs in combination with M41L and T215Y. The combination of M41, **L210W** and T215Y causes high-level resistance to AZT and intermediate resistance to ABC and TDF.
- **T215Y/F** are TAMs that causes intermediate/high-level resistance to AZT and potentially low-level resistance to ABC and TDF.

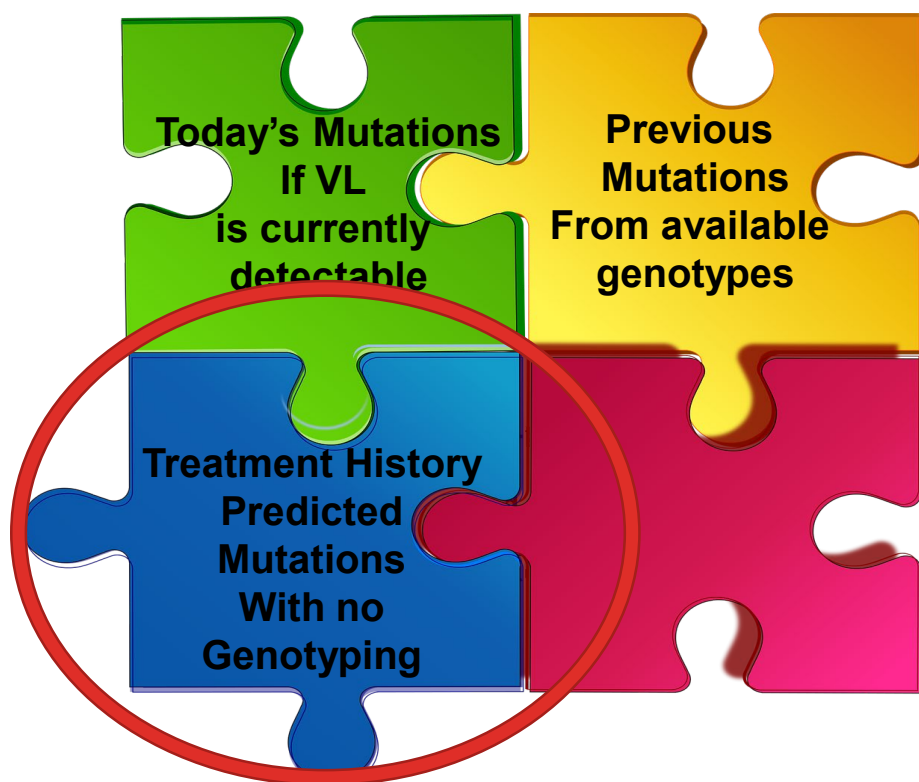
### NNRTI

- **Y181C** is a non-polymorphic mutation selected in persons receiving NVP, ETR and RPV. It confers high-level resistance to NVP, intermediate resistance to ETR and RPV, and low-level resistance to EFV. Alone, it does not significantly reduce DOR susceptibility.

### Dosage

- This virus is predicted to have intermediate-level reduced susceptibility to **RPV**. The use of the combination of CAB/**RPV** should be considered to be contraindicated.

# PREDICTED RESISTANCE



- Positive x 30 years
- = Diagnosis in 1994!
- Triple Therapy not available until 1995.
- Genotypes not available until 1999!
- History reveals Dual therapy with AZT/3TC
- **Prediction? ... 184 V and any missing TAMŠ (210W)**

**BUT WHY AND HOW DO I KNOW THIS?**

# **TACKLING ART RESISTANCE**

## **MANAGEMENT OF TREATMENT EXPERIENCED HIV PART 3**

**Linda Robinson BSc.Pharm, AAHIVP  
HIV Pharmacotherapy Specialist  
Past-Chair CHAP: 2013 & 2021**

**LEARNING  
OBJECTIVES**

Development of  
antiretroviral  
resistance



Measurement  
and reporting of  
antiretroviral  
resistance



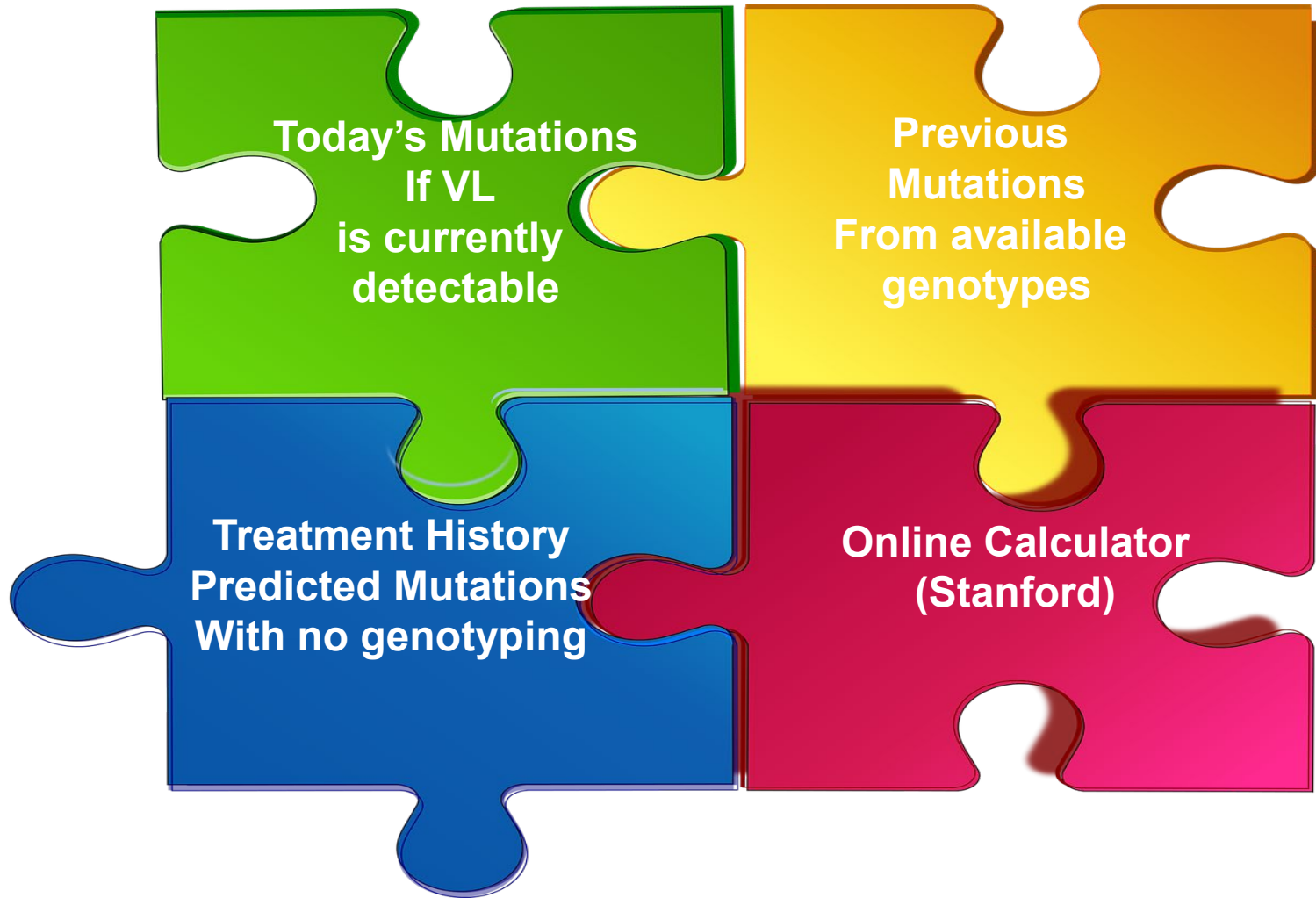
Applying what  
we know to  
build a durable  
ART regimen.



Collection and  
Interpretation of  
antiretroviral  
resistance



# IF YOU CAN BUILD THIS PUZZLE YOU CAN BUILD THE BEST ART REGIMEN





# RESISTANCE MUTATIONS & PATHWAYS

From AZT to DTG

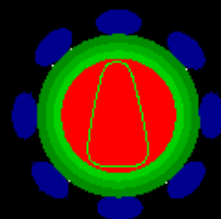
# TAMS (NAMS)

**Thymidine Analogue Mutations** are actually a subset of a larger group of mutations called the NAMS, or Nucleoside Analogue Mutations.

- TAMS evolve under the pressure of AZT and d4T and can alone or in combination with other NAMS confer cross resistance to all NRTI's.

# TAM PATHWAYS

AZT or d4T



210W  
41L  
215Y

TAM Pathway 1



67N  
70R  
219Q

TAM Pathway 2

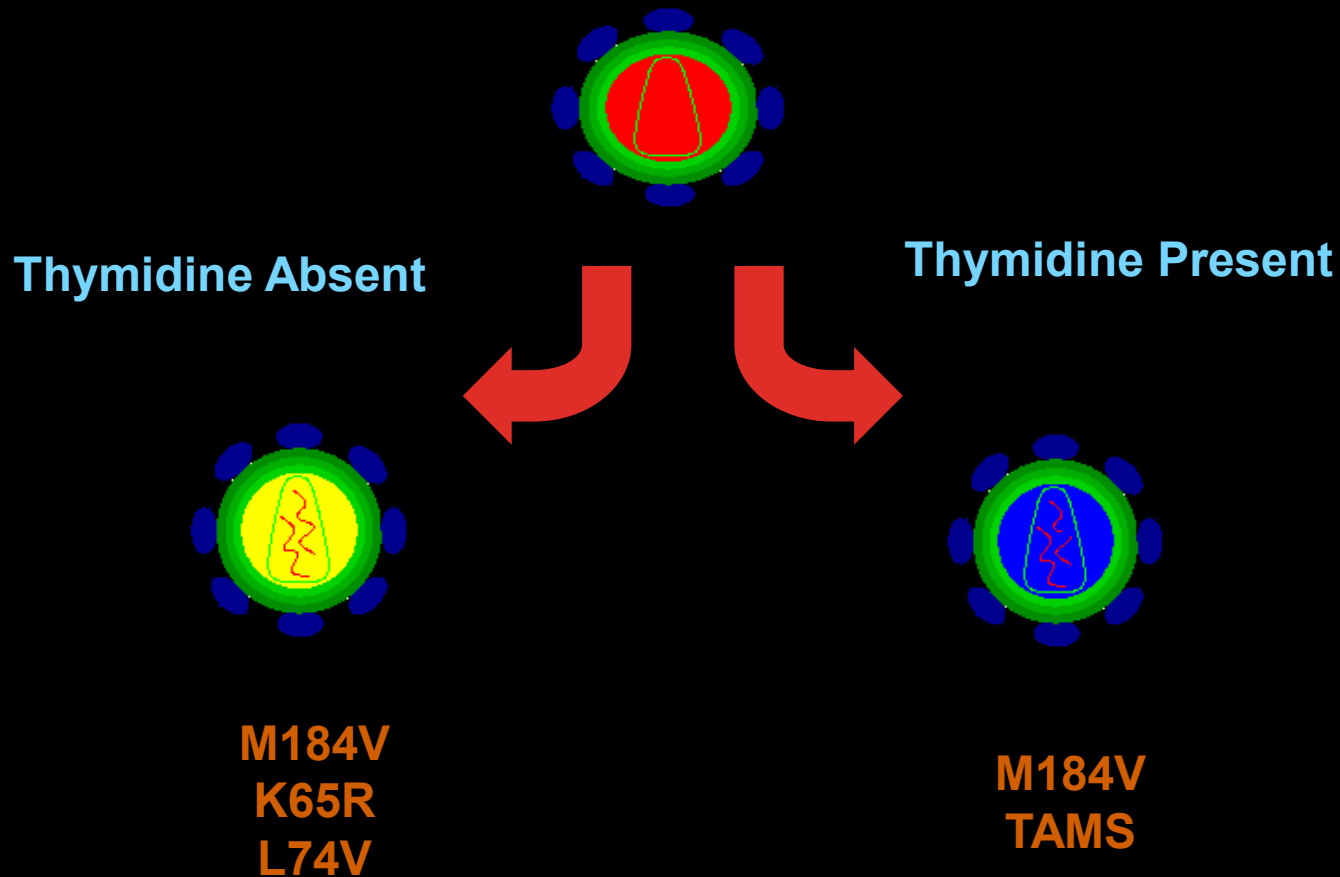
# TAM PATHWAY 1: 210W, 41L, 215Y

- Confers higher levels of resistance to zidovudine
- Confer more cross-resistance to other NRTI's including tenofovir
- Virus with this pathway will not become resensitized to zidovudine in the presence of M184V
- 3 or more TAMS that include 210W may reduce susceptibility to tenofovir

# TAM PATHWAY 2: 67N, 70R, 219Q

- Confer lower levels of resistance to zidovudine
- Confer less cross-resistance to other NRTI's
- Virus with this mutation pattern may become resensitized to thymidine analogues in the presence of M184V
- Tenofovir remains active against viruses carrying the mutations in this pathway

# ABACAVIR PATHWAYS



# THE M184V MUTATION:

- Selected under the pressure of cytosine analogues, namely lamivudine (3TC), zalcitabine (ddC), emtricitabine (FTC) causing high level resistance to these
- Causes a modest reduction in susceptibility to abacavir and didanosine (ddI) on its own and more so in combination with other NAMs
- Virus can also select for this mutation under abacavir pressure

# THE M184V MUTATION (CONT'D)

- Increases susceptibility to TFV, d4T, AZT
- May delay emergence of TAMS in AZT-treated patients
- Reduces TFV resistance caused by TAMS
- Maintenance of this mutation leads to a less fit virus and may reduce viral replicative capacity

"Best treatment after M184V? Excellent question, let's discuss further."



someecards  
user card

# THE L74V MUTATION

- Selected under abacavir and didanosine pressure
- Likely to occur with M184V in Kivexa failures.
- Rarely occurs with K65R in same isolate but may be a marker for it to come
- Causes:
  - Resistance to abacavir
  - Resistance to didanosine
  - Hypersusceptibility to zidovudine and tenofovir

# THE K65R MUTATION

- Selected under pressure of abacavir, didanosine, tenofovir
- Causes resistance to didanosine, lamivudine, tenofovir and emtricitabine (FTC)
- M184V and K65R = loss to didanosine and abacavir
- Concomitant use of zidovudine with tenofovir may reduce emergence of K65R

# THE K65R MUTATION: CLADE C

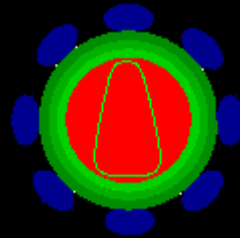
- Clade C Virus under inadequate pressure of NVP/d4T/3TC (Triomune) will most likely develop the K65R resistance mutation in RT
- This will confer high level resistance to all nukes currently available for second line therapy in most African centers where Clade C is prevalent

ADHERENCE AND ACCESS +++NB!!

# SUMMARY OF NRTI RESISTANCE

Mutation	Effects
<b>TAMs</b>	<ul style="list-style-type: none"><li>• Decrease susceptibility to all NRTIs</li><li>• More TAMs = more NRTI cross-resistance</li></ul>
<b>K65R</b>	<ul style="list-style-type: none"><li>• Decreases susceptibility to TDF, ABC, 3TC, ddI, and ddC</li><li>• Hypersusceptibility to AZT</li><li>• Maintains susceptibility to d4T</li></ul>
<b>L74V</b>	<ul style="list-style-type: none"><li>• Decreases susceptibility to ddI, TDF, ABC, 3TC</li><li>• Hypersusceptibility to AZT</li></ul>
<b>M184V</b>	<ul style="list-style-type: none"><li>• Confers high-level resistance to 3TC and lower level resistance to ABC</li><li>• No major effect on ddI or TDF</li><li>• Hypersusceptibility to ZDV</li></ul>
<b>Multi-NRTI resistance</b>	<ul style="list-style-type: none"><li>• Q151M complex: resistance to all NRTIs (but not TDF)</li><li>• T69 insertion: Resistance to all NRTIs + TDF</li></ul>

# NEVIRAPINE PATHWAYS

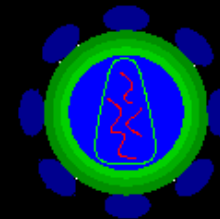


In the absence of AZT

In the presence of AZT

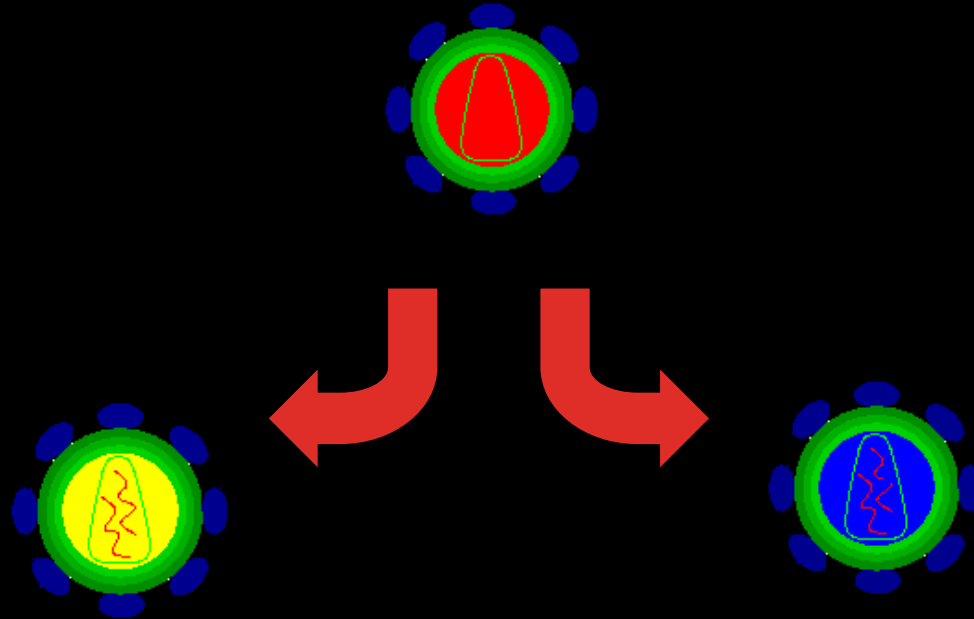


Y181C



K103N ( almost always selected in  
EFV failures  
regardless of nukes)

# NELFINAVIR PATHWAYS



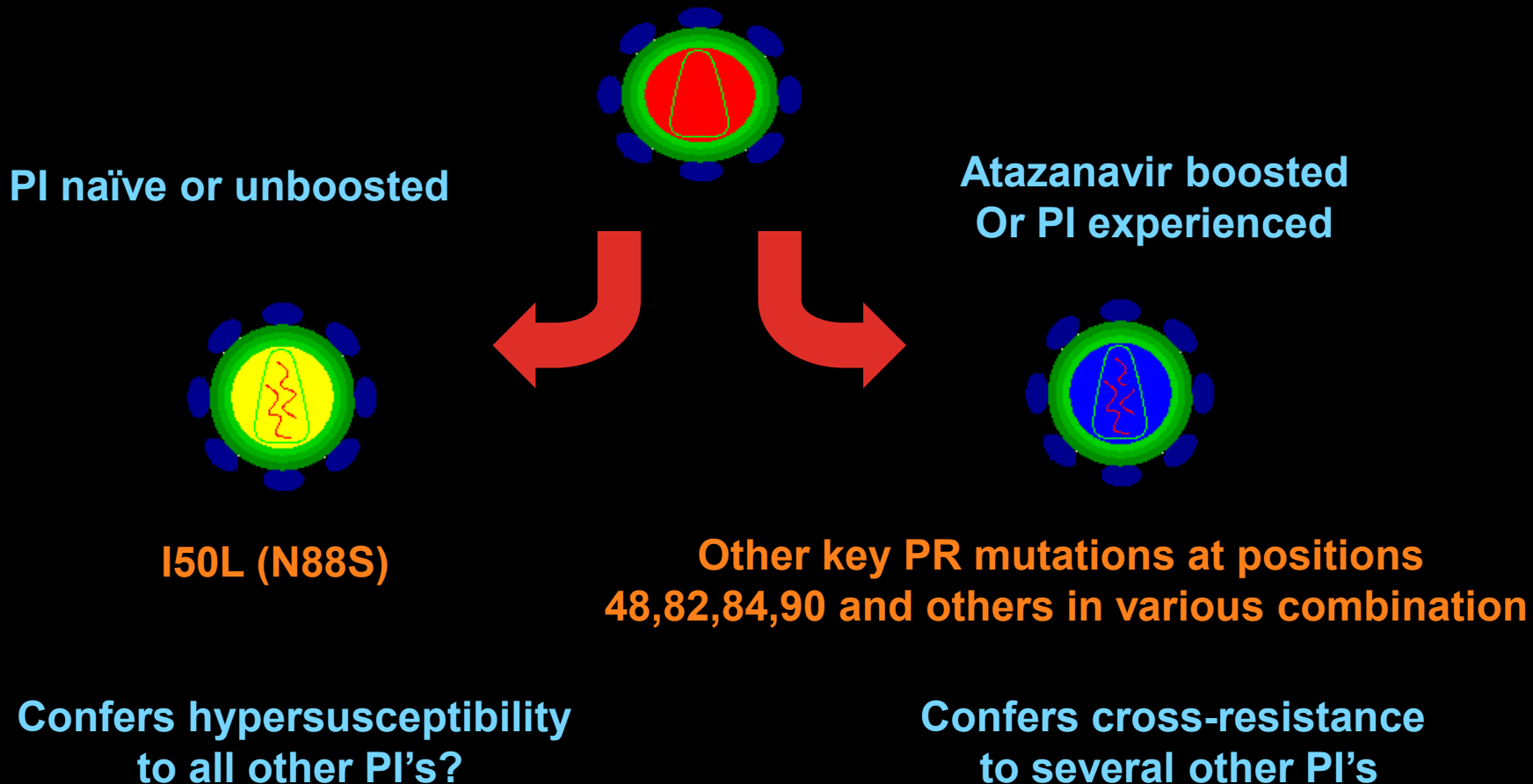
**D30N (N88S)**

**L90M**

More common in SubType B virus and confers less cross resistance to subsequent PI's

Less common and occurs more often with non-SubType B virus but confers more cross resistance to subsequent PI's

# ATAZANAVIR PATHWAYS



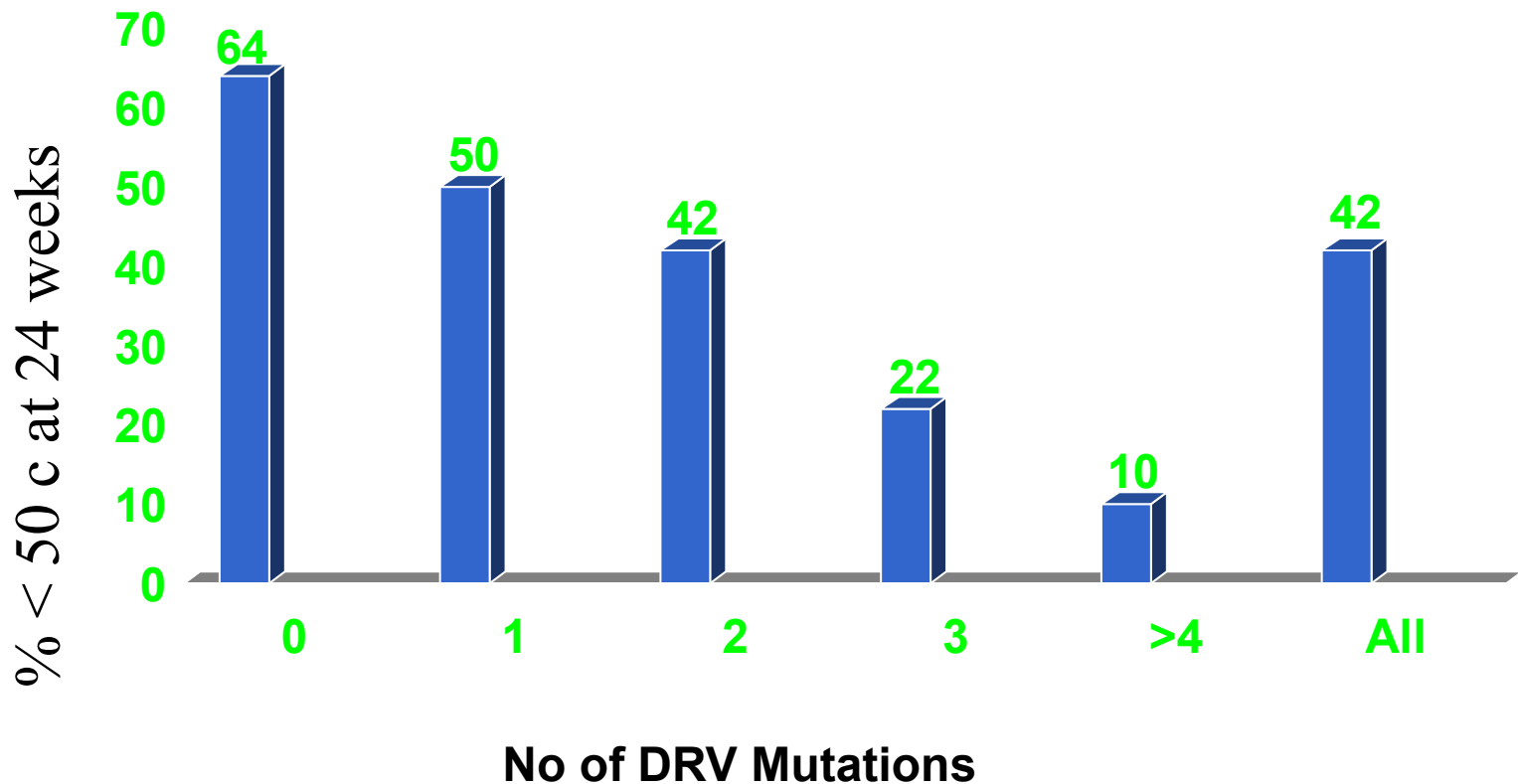
# PRAMS SLIDE 82, 84, 90 (48)

- Protease Mutations most common in failures of first generation
- If alone, not as detrimental, but if combined, almost all first generation were lost
- Commonly popped up in first generation PR failures
- Sequencing was popular “TREAT for FAILURE vs TREAT for SUCCESS” -anticipate the next regimen.

# WHAT ABOUT DARUNAVIR?

11 mutations associated with DRV resistance:

V11I, V32I, L33F, I47V, I50V, I54L or M, G73S, L76V, I84V, L89V

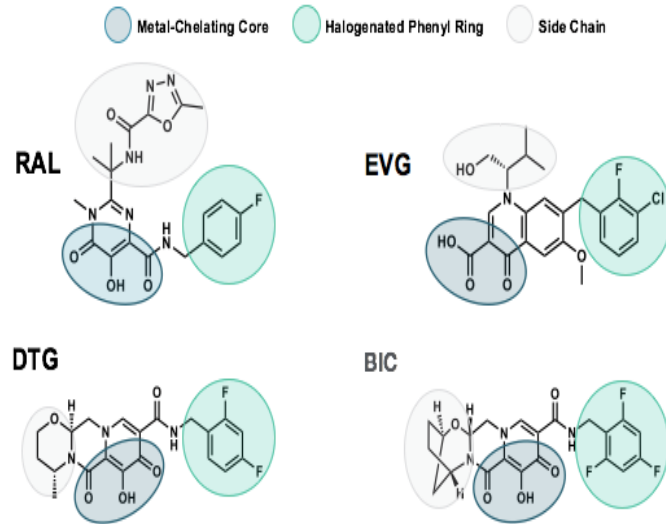




# INTEGRASE INHIBITORS:

## A LESSON IN CHEMICAL STRUCTURE

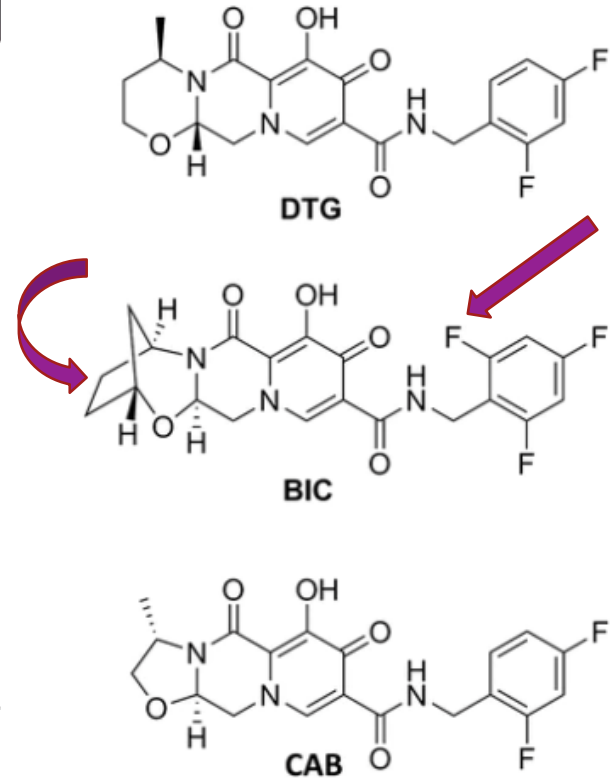
# Mechanism of Action



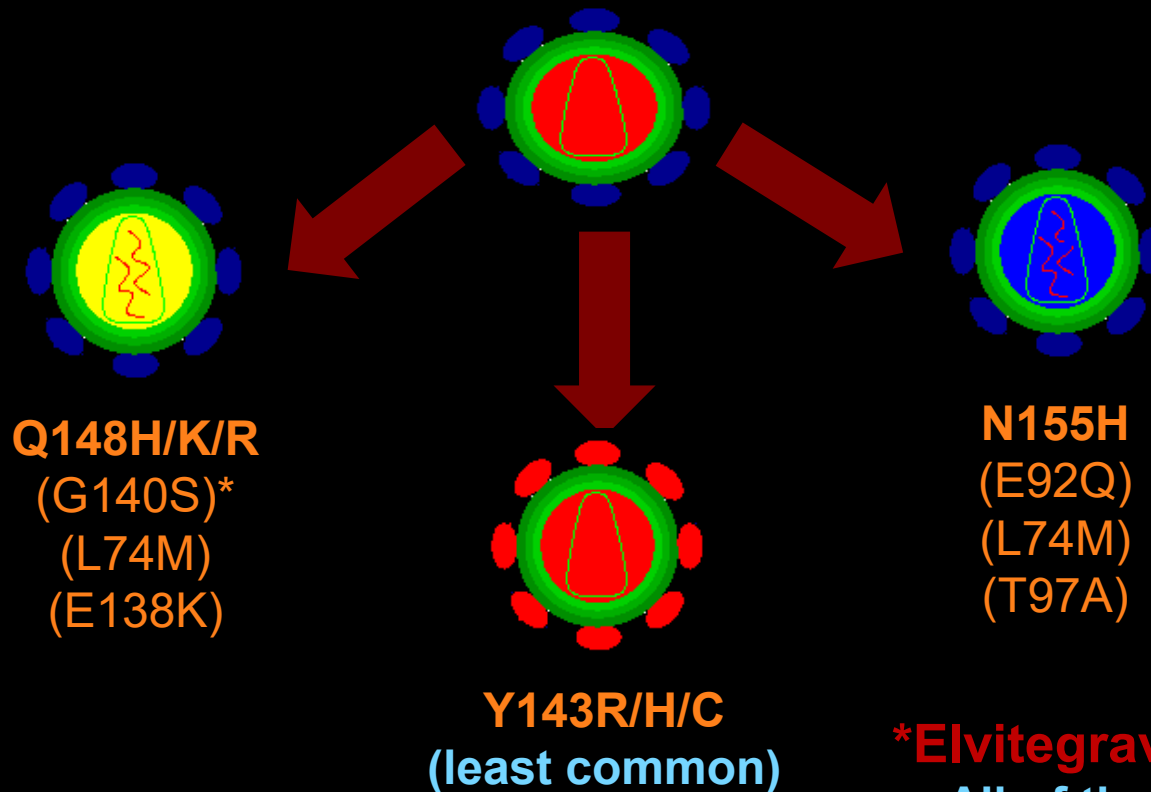
**Metal-Chelating Core:** Oxygen atoms chelate a pair of  $Mg^{2+}$  ions and bind the integrase catalytic active site

**Halogenated Phenyl:** Interacts with the integrase pocket that is normally occupied by the terminal 3' base of viral DNA

1. Lazerwith SE, et al. ASM 2016. Poster #414. 2. Gallant J et al. ASM 2016. Poster #415. 3. Tsang M, et al. ASM 2016. Poster #416. 4. Tsang M, et al., AAC 2016;70(18):7097.



# RALTEGRAVIR PATHWAYS

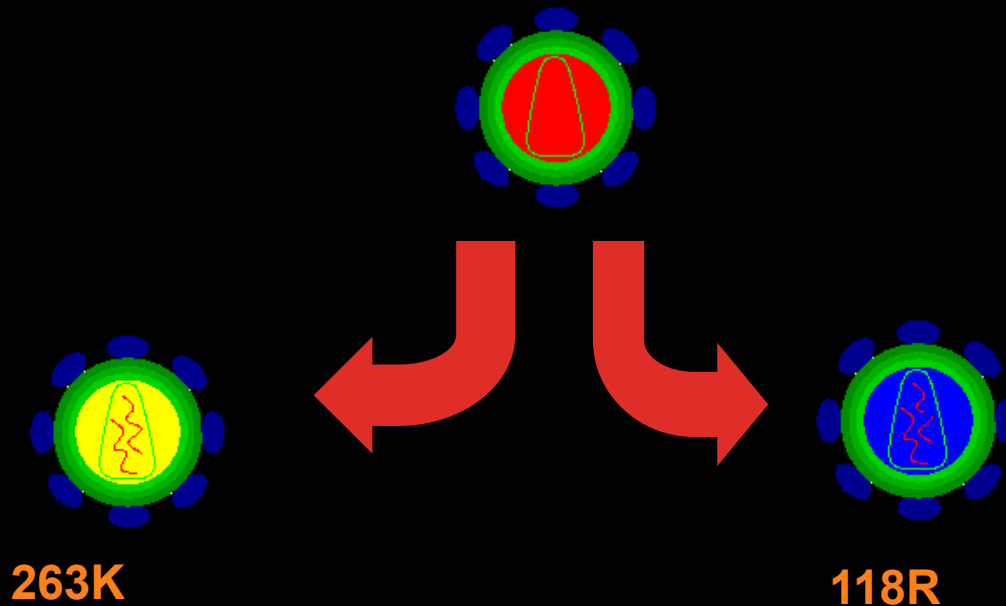


## \*Elvitegravir RESISTANCE

- All of these confer cross resistance to EVG.
- 92Q alone = 20 fold to EVG

•T66I/A/K signature for EVG.

# DOLUTEGRAVIR PATHWAYS



**263K**

**118R**

More common in  
SubType B virus  
and confers cross  
resistance to other II  
but only 2 fold

Becoming more common  
and occurs more often  
with non-SubType B virus  
AND confers high level  
resistance to DTG and  
other II's

# RESISTANCE: SUBTYPE B VS. NON B

Class	Subtype B Pathway	Non-Subtype B Pathway
NRTI* *M184V/I same for both	TAM 1: 41, 210W 215	TAM 2: 67,70,219 K65R more likely (C)
NNRTI	E138K twice as common	V106M more common (C)
PI	D30N	L90M
INSTI	263K	118R (C) (AG)

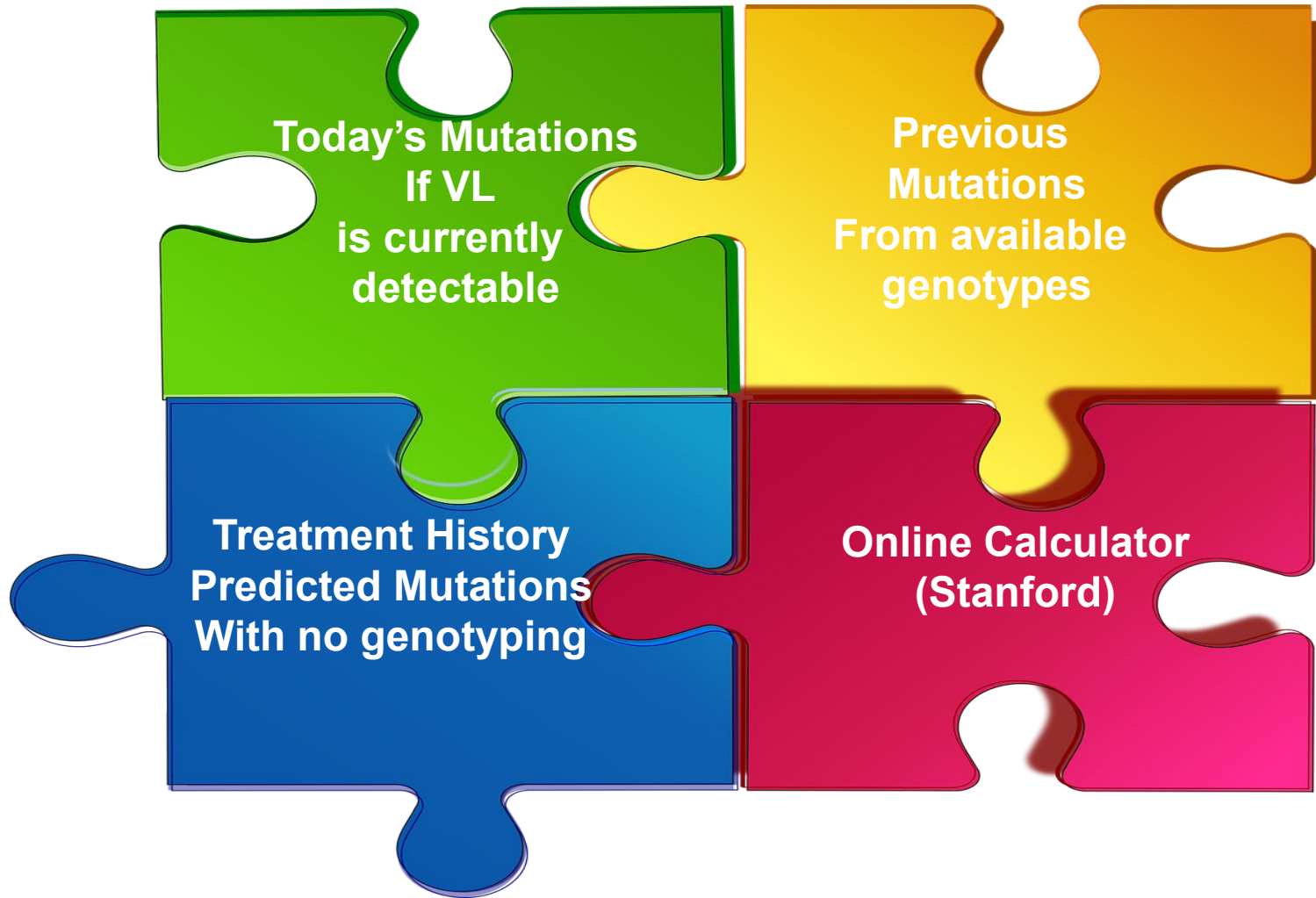
[Microorganisms](#). 2023 Jan; 11(1): 221.

Published online 2023 Jan 15. doi: [10.3390/microorganisms11010221](https://doi.org/10.3390/microorganisms11010221)

## HIV and Drug-Resistant Subtypes

[Bianca Maria Nastri](#),<sup>1</sup> [Pasquale Pagliano](#),<sup>2,3</sup> [Carla Zannella](#),<sup>1</sup> [Veronica Folliero](#),<sup>1</sup> [Alfonso Masullo](#),<sup>3</sup> [Luca Rinaldi](#),<sup>4</sup> [Massimiliano Galdiero](#),<sup>1</sup> and [Gianluigi Franci](#),<sup>2,5,\*</sup>

# IF YOU CAN BUILD THIS PUZZLE YOU CAN BUILD THE BEST ART REGIMEN



# WEB RESOURCES

- [www.hivdb.stanford.edu](http://www.hivdb.stanford.edu) -online mutation analysis
- [www.hivresistanceweb.com](http://www.hivresistanceweb.com) - information
- [www.aidsinfo.nih.gov/guidelines](http://www.aidsinfo.nih.gov/guidelines) - guidelines
- [www.iasusa.org](http://www.iasusa.org) – up to date guidelines and mutation charts



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