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Members of the Working Group:

ALBERTA Michelle Foisy, Pharm.D. Christine Hughes, Pharm.D.

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Fall 2011 Newsletter



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NEWS FROM THE EXECUTIVE

HELLO ALL!

We hope everyone is winding down at work and starting to get ready for some relaxation over the holidays! A quick update: The CHAP executive had a minimeeting/discussion about a few outstanding issues from last year's CHAP meeting. First, it is great to see that the updated version of "The Role of the HIV Pharmacist" has made it to completion! I am sure that all of us will make very good use of this reference with our peers, HIV healthcare team members, and students. It is a fine example of how our unique National group has once again set a standard of collaboration of experts, rivaled by none! Well Done! Special thanks to Alice for your ongoing efforts with submission for publication!

We also discussed the position statement on generics and this will be revised and sent to the working group for a look very soon.

We also tossed around some ideas for completion and enhancement of some other CHAP initiatives such as the website, the sharing of slides/articles/ practice gems and tools, Toolkit for the HIV Pharmacist, etc. We will have updates of these at the AGM in April.

On that note, as previously mentioned, Janssen (our buddy Dipen) is interested to have a pharmacist ad board, and the date that they have set is the Wednesday evening prior to CAHR, April 18. We have also determined that the CHAP AGM will take place on the Sunday afternoon and Monday, wrapping up probably by 2pm on Monday Apr 23. So for those of you looking to start making your travel plans, here's how it looks......



AGM Planning: Tentative

Structure: Sunday April 22, lunch and then 1-5 Clinical meeting, Monday, April 23, morning 8-1, Business meeting. This meeting scheduled was proposed because, once again, there is overlap between CAHR and the PK conference, meaning many of our working group members will not be able to attend a CHAP



meeting, if held before CAHR.

- a. Guest speakers on Sunday afternoon : IDEAS ONLY
 - Case Rounds presented by members
 - HIV and HCV didactic talk, speaker to be identified
 - Presentation of Clinical Pearls and Tools that have been developed in the last couple of years.
 - Update from CROI and PK.
 - Dr Todd Brown, endocrinologist Bone Health in HIV

Please send more ideas to us in the new year!

b. CHAP dinner Sunday evening

We will poll our Montreal members for a suggestion once we figure out budget for dinner

c. Business meeting Monday am

Possible Agenda Items:

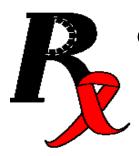
- Web enhancements: "drop box", affiliation with CATIE
- New HIV Pharmacist Toolkit
- Project ideas
- Publications
- Working Group member regional updates for newletter
- Possible uses of CHAP newsletter/listserve ie. For job postings etc.

Please send more ideas to us in the new year!

Wrap-up time – sometime between 1 and 2pm?

Member input welcome here as well once everyone looks into travel.

Looking forward to seeing you all in Montreal! May you all have a safe and happy holiday season!





REGIONAL PROGRAM UPDATES: (note from Linda R: thanks to all for sending the following items for this newsletter! ③)

From: Natalie Dayneka in Ottawa, Ontario

CHEO Pediatrics

Presently, we seem to be seeing an increase in pediatric patients with resistant virus or co-morbidities that are causing an increase in pill burden. We presently have one child on 12 different medications which is huge for pediatrics (and huge for the patient/family of course). We are waiting for the new Ontario HIV PEP guidelines to be released so that we can increase the number of different antiviral agents that we are allowed to offer for this indication. I am still frustrated with slow pediatric drug Research & Development as it currently translates into increasing the adult options but the children are forgotten - after an traumatic event they are forced to take terrible tasting large-volume liquids with lots of adverse reactions - drugs that are so low down as alternatives for adults that they are no longer even listed. We have experienced a trend of SA victims who have become inebriated while on psychotropic medications. We are wondering if there is a potential for intervention - raising the awareness of alcohol and prescription medications

From: Linda Robinson in Windsor, Ontario

Our HIV Care Program at Windsor Regional Hospital just celebrated it's 20 year anniversary. The Pharmacy, (therefore me!) celebrated 13 years! I am happy to say that I now have a wonderful, new pharmacist to share my position with. Her name is Bronwyn Tolmie. She has been working with us since July and I am so excited to have her on board. She is keen and eager to embrace HIV Pharmacy in Windsor and beyond. Thanks Bronwyn, for joining us! Our practice is definitely becoming an internal medicine specialty...and they all have HIV too! We are focusing on managing the complications that come along with aging, ie. CV risk, polypharmacy med rec, smoking cessation counseling, diabetic teaching, and more! We had a recent surge of young MSM come into the practice, which just



shows us that prevention education is still needed in our area, as I assume it is in most. We also have had 4 baseline genotypes return with NNRTI primary resistance (K103N). This may sound little, but in a small practice it is worrisome!

From: Michelle and Christine in Edmonton, Alberta

Staffing changes: Cara Hills left the HIV Program in Edmonton to return to Vancouver. We are happy to have Pam Nickel who started full time with the Northern Alberta HIV Program in November 2011 (previously part time).

...and from Cara, now in Vancouver, BC...

"I have moved back to Vancouver so I'm back at St. Paul's Outpatient Pharmacy. I was sad to leave Edmonton but happy to be back on home turf! So, if anyone wants to get ahold of me, my email is now Chills2@providencehealth.bc.ca or cara.hills@gmail.com"

From: Shanna Chan in Winnipeg, Manitoba

I will back to work (from my mat leave) on November 23, 2011 and Siyao Sun (person who filled my position) will be returning to her former position in the inpatient pharmacy department. I recently received an appointment as a clinical assistant professor with the University of Manitoba, Faculty of Pharmacy. (Congrats!!! LR O)

From: Kathy Slayter in Halifax, Nova Scotia

I am meeting with the Dept of Health to try to get funding for nPEP as we are seeing so many sexual assaults.

The excitement for me is more with hep C and the new agents that we have at our disposal (for all of my mono-infected Hep C's) and working on an algorithmic approach with hepatology (it will be exciting when we can eventually use in our coinfects as well)

For HIV awareness week we are having several presentations in the community including one on HIV and aging-now that is exciting (some of my PHA's will be presenting as well)





..and our members keep making us proud!!!

Foisy M, Hughes C. Role of the pharmacist in perinatal management of HIV disease. Am J Health Syst Pharm. 2011 Nov 15;68(22):2116-22

Tseng A, Foisy M. Important drug-drug interactions in HIV-infected persons on antiretroviral therapy: An update on new interactions between HIV and non-HIV drugs. Curr Infect Dis Rep, November 30, 2011 (on-line) DOI 10.1007/s11908-011-0229-1

(LR if there are more....please share! ©)

Awards/Recognitions



The following CHAP members can now claim AAHIVP certification after successfully completing the exam this past summer:

- Alice Tseng
- Michelle Foisy
- Christine Hughes
- Benoit Lemire
- Katherine Mousseau
- Jennifer Hawkes

.....AND TO ANY OTHERS WE DON'T KNOW ABOUT





(Michelle Foisy & Christine Hughes) Working on: 1) a renal monitoring tool for patients on tenofovir 2) a bone disease in HIV tool/pocketcard

Could present at CHAP AGM if group is interested. (LR: we should consider these and some of the educational tools from pharma for CHAP endorsement)

(Linda R)Some projects/tools being worked on by or available from Pharma:

BMS:

CV risk toolkit (available) and 4 new modules in HIV and Aging toolkit (coming soon): 1) Healthy Lifestyle and Annual Health Exam- Robinson 2) HIV and the Liver-Cooper 3) HIV and Neurocognitive Function - Brouillette 4) HIV and the Bone – Bondy

Janssen:

Communications workshop The Buzz 1 (available) and The Buzz 2 (coming soon for those who have competed Buzz 1.

Medication Reconciliation Form (a work in progress)

Merck:

A software program that a patient can use in clinic to answer a brief set of questions to identify obstacles to adherence and possible teaching points to be covered by the healthcare provider in a motivational interviewing format (coming soon)



From Alice Tseng:

Mark and I got married at home on Oct 8th (Thanksgiving weekend) and now the family brood includes Gus (10) and Ben (6) in addition to Sophie (8) and Bea (4).

From Shanna Chan:



Cade (my baby boy) and I participated in this year's AIDS Walk in Winnipeg.

From Alissa Koop:



I'd like to announce the arrival of our baby girl, Abigail Joyce Koop. She was born on July 11. We are all doing very well and I am enjoying my time off with Abby.

