

# HIV TREATMENT: SINGLE TABLET REGIMENS

1 Tablet - Once Daily

| Brand Names  | NRTI Backbone           |                         | Anchor Antiretroviral                        |   |                    |                             | HIVinfo Rating*  | Considerations   | Monitor   |
|--|-------------------------|-------------------------|--|---|--------------------|-----------------------------|--|--|---|
|  | 1 <sup>st</sup> NRTI    | 2 <sup>nd</sup> NRTI    | Integrase Inhibitor                          | N-NRTI                                      | PI                 | PK Booster                  |  |  |   |
|  <b>Biktarvy</b>    | Emtricitabine<br>200mg  | Tenofovir TAF<br>25mg   | Bictegravir<br>50mg                          |   |                    |                             | <b>A1</b>  | <ul style="list-style-type: none"> <li>w/ or w/o food. Take 2 hrs before or after Ca/cations</li> <li>Good Lipid profile- consider for high cardiac risk</li> <li>Not recommended in &lt; 30ml/min, severe hepatic impairment. <b>CI w/ dofetilide or rifampin</b></li> <li>Severe acute exacerbation of Hep B upon d/c</li> </ul>   | Renal function  |
|  <b>Triumeq</b>     | Lamivudine<br>300 mg    | Abacavir<br>600 mg      | Dolutegravir<br>50 mg                        |   |                    |                             | <b>A1</b>  | <ul style="list-style-type: none"> <li>W or w/o food. Take 2 hrs before or 6 hrs after Ca</li> <li>HLA-B*5701 has to be -ve before giving abacavir</li> <li>No major CYP drug interactions ☺</li> <li>Largest size tablet</li> <li><b>CI w/ dofetilide or rifampin</b></li> </ul>  | HLA-B*5701  |
|  <b>Stribild</b>    | Emtricitabine<br>200 mg | Tenofovir TDF<br>300 mg | Elvitegravir<br>150 mg                       |   |                    | <b>Cobicistat</b><br>150 mg | <b>B1</b>  | <ul style="list-style-type: none"> <li><b>Take with food.</b> Take 2 hrs before/after Ca/cations</li> <li>TDF → Can use until 70 mL/min</li> <li>TAF → Can use until 30 mL/min</li> </ul>  | Renal Function<br>BMD<br>Lipids                               |
|  <b>Genvoya</b>     | Emtricitabine<br>200 mg | Tenofovir TAF<br>10 mg  | Elvitegravir<br>150 mg                       |   |                    | <b>Cobicistat</b><br>150 mg | <b>B1</b>  | <ul style="list-style-type: none"> <li>Cobi inhibits renal tubular secretion of creatinine</li> <li>Cobi has many drug inx via CYP3A4 inhibition (avoid w/ drugs highly dependent on CYP3A4 clearance)</li> </ul>  | Renal Function<br>Lipids                                      |
|  <b>Dovato</b>      | Lamivudine<br>300mg     | -                       | Dolutegravir<br>50 mg                        |   |                    |                             | <b>A1</b><br>(*NOT if VL>500,000 or HBV)                   | <ul style="list-style-type: none"> <li>W or w/o food. Take 2 hrs before or 6 hrs after Ca</li> <li>&lt; 50ml/min or Child-Pugh C not recommended</li> <li><b>CI w/ dofetilide</b></li> </ul>   | Renal function  |
|  <b>Juluca</b>      | -                       | -                       | Dolutegravir<br>50mg                         | Rilpivirine<br>25mg                         |                    |                             | <b>A1</b>  | <ul style="list-style-type: none"> <li><b>Maintenance Therapy</b>—for those already virologically suppressed and no known resistance. <b>Take with a meal</b></li> <li>A/E: HSR, Hepatotoxicity. Monitor for ADE if CrCL &lt; 30ml/min</li> <li><b>C/I: Dofetilide, PPI</b></li> </ul>   | Renal Function,<br>Liver Function                             |
|  <b>Cabenuva</b>    |                         |                         | Cabotegravir<br>30 mg (po),<br>600/400 mg IM | Rilpivirine<br>25 mg (po),<br>900/600 mg IM |                    |                             | <b>A1</b>  | <ul style="list-style-type: none"> <li><b>Maintenance Therapy</b>—for those already virologically suppressed and no known resistance</li> <li>Lead-in (≥28 days): CAB 30 mg/RPV 25 mg <b>with a meal.</b> Take antacid/cation 2 hrs before/4hrs after oral CAB</li> <li>Initiation injection: CAB 600/RPV 900 mg IM</li> <li>Monthly maintenance: CAB 400/RPV 600 mg IM</li> <li>Q2month maintenance: CAB 600/RPV 900 mg IM</li> </ul> | Injection site reactions,<br>pyrexia,<br>fatigue,<br>headache |
|  <b>Delstrigo</b> | Lamivudine<br>300mg     | Tenofovir TDF<br>300mg  |  | Doravirine<br>100mg                         |                    |                             | <b>B1</b>  | <ul style="list-style-type: none"> <li>Not recommended in CrCL&lt; 50ml/min</li> <li>w/ or w/o food</li> <li>May exacerbate hepatitis upon discontinuation</li> <li>Avoid w/ strong CYP3A4 inducers (ie Rifampin)</li> </ul>   | Renal Function  |
|  <b>Atripla</b>   | Emtricitabine<br>200 mg | Tenofovir TDF<br>300 mg |  | Efavirenz<br>600 mg                         |                    |                             | <b>B1</b>  | <ul style="list-style-type: none"> <li>Keep in mind CNS adverse effects of Efavirenz</li> <li>Not recommended CrCL &lt;50ml/min</li> <li><b>C/I: bepridil, elbasvir/grazoprevir</b></li> </ul>   | Renal Function<br>Lipids                                      |
|  <b>Complera</b>  | Emtricitabine<br>200 mg | Tenofovir TDF<br>300 mg |  | Rilpivirine<br>25 mg                        |                    |                             | <b>B1 (TDF), B2 (TAF), if VL&lt;100,000 and CD4&gt;200</b> | <ul style="list-style-type: none"> <li><b>Take with meal</b> (~ 350 kcal) for abs'n of RPV</li> <li>Use if HIV RNA &lt; 100,000 &amp; CD4 &gt; 200</li> <li>Avoid: Acid suppressing (PPI C/I)</li> <li>RPV fewer CNS s/e compared to Efavirenz</li> <li>RPV fewer rash and dyslipidemia than Efavirenz</li> </ul>  | Renal Function<br>BMD   |
|  <b>Odefsey</b>   | Emtricitabine<br>200 mg | Tenofovir TAF<br>25 mg  |  | Rilpivirine<br>25 mg                        |                    |                             |  |  | Renal Function  |
|  <b>Symtuza</b>   | Emtricitabine<br>200mg  | Tenofovir TAF<br>10mg   |  |   | Darunavir<br>800mg | <b>Cobicistat</b><br>150mg  | <b>A1</b>  | <ul style="list-style-type: none"> <li><b>Take with food</b></li> <li>Not recommended in CrCL &lt;30ml/min or Severe hepatic impairment</li> <li><b>C/I: Alfuzosin, Amiodarone, Bepridil</b></li> </ul>  | Renal Function  |

\*Strength of Recommendation: A=strong, B=moderate, C=optional. Quality of Evidence: I=≥1 randomized trials with clinical outcomes/validated lab endpoints, II=≥1 non-randomized trials/observational cohort studies with long-term clinical outcomes, III=expert opinion

Updated March 2022 by Alice Tseng, Toronto General Hospital and Linda Robinson, Windsor, ON. Initial version created by: Afshin Azami, PharmD, RPh, ACPR(c) & Linda Robinson, BSc.PhM, RPh, AAHIVP Sept 2016. References: 1) HIVinfo Guidelines Jan 2022 2) Lexi-Comp Drug Monographs for each respective drug 3) RXTx Drug Monographs for each respective drug.

# HIV PREVENTION: Pre-Exposure Prophylaxis (PrEP)

| Class  | Generic                                      |          | Brand    | Preparations   | Dosing   | Side Effects   | Drug Interactions   | Indicated Populations  | Comments   |
|--|--|----------|----------|--|--|--|---|--|--|
| Nucleoside / Nucleotide Reverse Transcriptase Inhibitors | Emtricitabine, tenofovir alafenamide         | FTC, TAF | Descovy  |  Emtricitabine 200 mg/TAF 10 or 25 mg | 1 tablet daily   | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas  | TAF- Substrate of P-gp and BCRP   | <ul style="list-style-type: none"> <li>✓ only recommended in gbMSM</li> <li>✓ NOT indicated for people who are at risk via receptive vaginal sex</li> </ul>  | <ul style="list-style-type: none"> <li>✓ only combo also effective against Hep B</li> <li>✓ TAF has ↓ rates of renal insufficiency and bone mineral density reduction vs TDF</li> <li>✓ Not recommended if Clcr&lt;30 mL/minute or hemodialysis (HD)</li> </ul>  |
|  | Emtricitabine, tenofovir disoproxil fumarate | FTC, TDF | Truvada  |  Emtricitabine 200 mg/TDF 300 mg      | <u>Daily dosing:</u> 1 tablet daily<br><u>On-demand dosing:</u> 2 tabs between 2-24 hours before sex, then 1 tab every 24 hours until 2 days after last sexual encounter         | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas<br>• Renal impairment<br>• Reduced bone density  | Monitor renal function with concomitant use of other nephrotoxic agents (incl. chronic high-dose NSAIDS)                | <ul style="list-style-type: none"> <li>✓ <u>Daily dosing:</u> HIV-negative individuals at risk of acquiring HIV</li> <li>✓ <u>On-demand dosing:</u> HIV-negative gbMSM</li> <li>✓ NOT indicated for those who are at risk via receptive vaginal sex or for those who inject drugs</li> </ul> | <ul style="list-style-type: none"> <li>✓ only combo also effective against Hep B</li> <li>✓ Renal dosing: 1 tablet q2days if Clcr 30-49 mL/minute; not recommended if &lt;30 mL/min or HD</li> </ul>   |
| Integrase inhibitors                                     | Cabotegravir                                 | CAB      | Apretude |  Cabotegravir 200 mg/mL IM injection  | <b>Oral lead in (optional):</b> 30 mg QD for 28 days<br><b>Initiation (3mL):</b> 600 mg CAB IM q1month x 2 consecutive months<br><b>Maintenance (3mL):</b> 600 mg CAB IM q2month | <b>Well Tolerated</b><br><b>Injection site reactions,</b> pyrexia, fatigue, headache, MSK pain, nausea, dizziness, sleep problems, rash (mild), diarrhea | <b>No CYP3A4 inx</b><br><b>UGT1A1 , UGT1A9 (minor), P-gp, BCRP substrate</b><br>↓ [CAB] with:<br>Inducers of UGT1A1/3A4 | <ul style="list-style-type: none"> <li>✓ HIV-negative individuals weighing at least 35 kg at risk of sexually acquired HIV</li> </ul>  | <ul style="list-style-type: none"> <li>✓ CAB is 1<sup>st</sup> long acting injectable indicated for PrEP</li> <li>✓ Optional oral CAB as lead-in dosing (≥28 days) to assess tolerability or for use as oral bridging therapy for missed Apretude injections</li> <li>✓ C/I: carbamazepine, oxcarbazepine, phenobarbital, phenytoin, rifampin, rifapentine.</li> </ul> |

# HIV Antiretroviral (ART) Medications

| Class   | Generic  | Brand    | Preparations                        | Combo Pill  | Dosing   | Side Effects   | Drug Interactions  | Comments  |  |
|---|--|----------|-------------------------------------|---|--|--|--|---|--|
| <b>Combined NRTI Tablet Formulations</b>  |  |          |                                     |   |  |  |  |   |  |
| <b>AIDSinfo rating:</b><br>paired with INSTI: Dolutegravir <b>A1</b> , Raltegravir <b>B1</b> or a boosted PI: Darunavir <b>A1</b> , Atazanavir <b>B1</b><br>paired with: Darunavir <b>B2</b>  | Emtricitabine, tenofovir alafenamide   | FTC, TAF | <b>Descovy</b>                      |    | Emtricitabine 200 mg/TAF 10 or 25 mg   | 1 tablet daily   | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas  | TAF- Substrate of P-gp and BCRP   | ✓ only combo also effective against Hep B<br>✓ Better viral suppression than Kivexa if VL > 100,000<br>✓ TAF has ↓ rates of renal insufficiency and bone mineral density reduction vs TDF<br>✓ If on a booster, use 10 mg TAF instead of 25 mg<br>✓ Not recommended if Clcr < 30 mL/minute or hemodialysis (HD)  |
|   | Emtricitabine, tenofovir disoproxil fumarate   | FTC, TDF | <b>Truvada</b>                      |    | Emtricitabine 200 mg/TDF 300 mg  | 1 tablet daily   | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas<br>• Renal impairment<br>• Reduced bone density  | ↓ [atazanavir]; need to boost   | ✓ only combo also effective against Hep B<br>✓ Better viral suppression than Kivexa if VL > 100,000<br>✓ Renal dosing: 1 tablet q2days if Clcr 30-49 mL/minute; not recommended if < 30 mL/min or HD   |
|   | abacavir, lamivudine   | ABC, 3TC | <b>Kivexa</b>                       |    | Abacavir 600 mg/lamivudine 300 mg  | 1 tablet daily   | <b>Mostly Well Tolerated</b><br>• Headache/N//D/malaise<br>• Hypersensitivity reaction   |   | ✓ Abacavir not ideal for those with CV risk factors<br>✓ <b>HLA needs to be negative before giving abacavir</b><br>✓ Comments also apply to Triumeq  |
| <b>Single Agent NRTI Formulations</b>   |  |          |                                     |   |  |  |  |   |  |
| <b>MOA:</b><br>Analogues of nucleo(t)side which replace a base during reverse transcription of viral RNA to DNA → chain termination<br><b>Resistance:</b><br>- "low genetic barrier to resistance"<br>- many mutations confer cross resistance to others in the class<br><b>Renal Dosing:</b><br>Use with caution & check for renal dosing for each agent | <b>Tenofovir alafenamide</b><br>Adenosine analogue<br>Nucleotide Reverse Transcriptase Inhibitor (NtRTI)         | TAF      | <b>Vemlidy</b><br>(for chronic HBV) |    | Descovy <sup>1 QD</sup><br>Genvoya <sup>1 QD</sup><br>Odefsey <sup>1 QD</sup><br>Biktarvy <sup>1 QD</sup><br>Symtuza <sup>1 QD</sup>                               | 25 mg po QD (10 mg po QD if using with booster)<br><b>Renal</b>              | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas  | TAF- Substrate of P-gp and BCRP   | ✓ TAF = tenofovir alafenamide (targeted pro-drug), <b>less bone &amp; renal issues</b><br>✓ safe until renal function with CrCl of 30 mL/min<br>✓ Preferred agent in cases of co-infection with HBV  |
|   | <b>Tenofovir disoproxil fumarate</b><br>Adenosine analogue<br>Nucleotide Reverse Transcriptase Inhibitor (NtRTI) | TDF      | <b>Viread</b>                       |    | Truvada <sup>1 QD</sup><br>Stribild <sup>1 QD</sup><br>Complera <sup>1 QD</sup><br>Delstrigo <sup>1 QD</sup><br>Atripla <sup>1 QD</sup>                            | 300 mg po QD<br><b>Renal</b><br>avoid TDF in CKD                             | <b>Mostly Well Tolerated</b><br>• N/V/D/Gas<br>• Renal impairment <sup>TDF</sup><br>• Reduced bone density <sup>TDF</sup>  | ↓ [atazanavir]<br>↑ [didanosine - ddi]<br>Clinically not used with TDF anyways any longer | ✓ TDF = tenofovir disoproxil fumarate (pro-drug), efficacy of TDF = TAF<br>✓ Renal: < 10 mL/min not recommended, 10 - 29 mL/min give 300 mg po q72-96h, 30-49 mL/min give 300 mg po q48h, ≥ 50 mL/min no adjustment<br>✓ Preferred agent in cases of co-infection with HBV<br>✓ <b>Favorable lipid profile</b>   |
|   | <b>Emtricitabine</b><br>Cytidine analogue  | FTC      | <b>Emtriva</b>                      |  | With TAF or TDF products above   | 200 mg po QD <sup>cap</sup><br>240 mg po QD <sup>sol'n</sup><br><b>Renal</b> | <b>Well Tolerated</b><br>• Headache <sup>common</sup> , dizziness<br>• N/D<br>• Rash, skin pig'n   | Lamivudine [X] → both Cytosine analogues (no point in using both)                         | ✓ <b>Black Box:</b> severe <b>exacerbation of hep B</b> on stopping drug in pts w Hep B<br>✓ Only part of combos w Tenofovir in Canada<br>✓ Rarely pts may experience bad diarrhea. Headache most common s/e.  |
|   | <b>Lamivudine</b><br>Cytidine analogue   | 3TC      | <b>3TC</b>                          |  | Kivexa <sup>1 QD</sup><br>Triumeq <sup>1 QD</sup><br>Dovato <sup>1 QD</sup><br>Delstrigo <sup>1 QD</sup><br>Combivir <sup>1 BID</sup><br>Trizivir <sup>1 BID</sup> | 150 mg po BID<br>300 mg po QD<br><b>Renal</b>                                | <b>Well Tolerated</b><br>• Headache <sup>beginning</sup><br>• N/D/Abd pain <sup>transient</sup><br>• Insomnia <sup>uncommon</sup><br>Pancreatitis <sup>more peds</sup> | Emtricitabine [X] → both Cytosine analogues (no point in using both)                      | ✓ Some people have headache in first few days, stick with it and use Tylenol and Advil if needed<br>✓ <input checked="" type="checkbox"/> May exacerbate Hep B upon discontinuation  |
|   | <b>Abacavir</b><br>Guanosine analogue  | ABC      | <b>Ziagen</b>                       |  | Kivexa <sup>1 QD</sup><br>Triumeq <sup>1 QD</sup><br>Trizivir <sup>1 BID</sup>   | 300 mg po BID<br>600 mg po QD<br><b>can safely use in CKD</b>                | <b>Common:</b><br>• Headache, N/D, malaise<br><b>Serious:</b><br>• Hypersensitivity reaction (HSR)   |   | ✓ <b>Black Box:</b> Only Rx for HLA-B*5701 negatives → Testing predicts HR in Caucasians. <b>Rechallenge in HSR patients C/I → life threatening</b><br>✓ <b>Signs of HSR:</b> fever, rash, tired, upset stomach, vomit, belly pain, flu-like sx, sore throat, cough. Occurs < 6 wks after start (mean 11 days). Stop ASAP & see MD.<br>✓ Meta-analysis → no sign of ↑ MI → but if <b>higher MI risk, ABC not best choice</b><br>✓ <input checked="" type="checkbox"/> Can cause <b>hepatitis</b> and <b>lactic acidosis</b> esp in women and obese |

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# HIV Antiretroviral (ART) Medications

| Class  | Generic                                 | Brand                  | Preparations  | Combo Pill   | Dosing  | Side Effects  | Drug Interactions                       | Comments   |
|--|---|------------------------|---|--|---|---|---|--|
| **Zidovudine no longer recommended as first-line therapy for most patients | <b>Zidovudine</b><br>Thymidine analogue | AZV<br><b>Retrovir</b> | <br>100, 250 mg cap<br>10 mg/mL syrup<br>10 mg/mL inject | Trizivir <sup>1</sup> BID<br>Combivir <sup>1</sup> BID | 300 mg po BID<br>Also I.V. form<br><b>Renal</b> | <b>Not Well Tolerated</b> <ul style="list-style-type: none"> <li>• Headache<sup>62%</sup></li> <li>• N<sup>50%</sup> / V<sup>17%</sup> / Anorexia<sup>20%</sup></li> <li>• Insomnia</li> <li>• Nail pigmentation</li> <li>• Hematologic toxicity</li> </ul> | stavudine [X] also a thymidine analogue | <ul style="list-style-type: none"> <li>✓ <b>Black Box:</b> hematologic toxicity, myopathy, anemia, granulocytopenia, thrombocytopenia</li> <li>✓ Often in subtherapeutic mono- and dual therapy regimens</li> <li>✓ Resistance likely in Long term survivors</li> <li>✓ Place for therapy: IV form and syrup still used in MTCT in <i>pregnancy and delivery</i> and infants with HIV</li> <li>✓ <b>No longer recommended**</b></li> </ul> |

| Class   |   | Generic             |            | Brand                               | Preparations   | Combo Pill   | Dosing   | Side Effects  | Drug Interactions   | Comments   |
|---|---|---------------------|------------|-------------------------------------|--|--|--|---|---|--|
| <b>Integrase Strand Transfer Inhibitors - INSTI</b><br><br>Favorable lipid profile as a class<br><br><b>Resistance:</b><br>Low genetic barrier to resistance with RAL and EVG.<br>Higher with BIC, CAB, DTG | <b>Integrase Strand Transfer Inhibitors</b><br><br><u>tegravir</u>  | <b>Bictegravir</b>  | <b>BIC</b> | -                                   | <br>(Biktarvy)  | <b>Biktarvy</b> <sup>1 QD</sup>  | 50mg po QD                                     | <b>Well Tolerated</b><br>• Headache<br>• Nausea/Diarrhea<br>• Insomnia                          | <b>CYP3A &amp; UGT1A1 substrate (~50:50)</b><br><b>Inhibits OCT2 &amp; MATE1</b><br>• ↑[Metformin]  | ✓ Only exists in combination<br>✓ Increase serum creatinine due to tubular inhibition without affecting glomerular function (increases usually in the first 4 weeks with median increase of 9.96umol/L after 48 weeks)<br>✓ May increase bilirubin<br>✓ Interacting classes: anticonvulsants, rifamycins, atazanavir<br>✓ C/I: Dofetilide, rifampin, St. John's wort   |
|   |   |                     |            |                                     |  |  |  |   |   |  |
|   | <b>Class Interaction:</b><br>Oral absorption is diminished when co-administered with polyvalent cations (Mg, Ca, Al, Fe...):<br>• BIC: take 2 hrs apart or together with food<br>• CAB: take 2 hrs before/4 hrs after ORAL CAB<br>• DTG: take 2 hrs before/6 hrs after or together with food<br>• EVG: take 2 hrs apart<br>• RAL: avoid (only Ca OK with Isentress; not HD) | <b>Dolutegravir</b> | <b>DTG</b> | <b>Tivicay</b>                      | <br>50 mg tab<br>Pediatric: 10 mg, 25 mg tab<br>5 mg dispersible tabs | <b>Triumeq</b> <sup>1 QD</sup><br><b>Juluca</b> <sup>1 QD</sup><br><b>Dovato</b> <sup>1 QD</sup> | 50 mg po QD<br>50 mg po BID*                   | <b>Well Tolerated</b><br>• <b>Insomnia</b><br>• Headache<br>• ↑ SCr small (↑~0.11mg/dL)         | <b>No CYP3A4 inx P-gp, UGT1A1 , CY3A4(10-15%) substrate</b><br><br><b>Inhibits OCT2</b><br>- Metformin (inc 2 fold [metformin])<br>- C/I Dofetilide | ✓ Take with/without food<br>✓ Inhibits renal tubular secretion of creatinine, SCr "falsely" increases<br>✓ May cause neural tube defects if taken at the time of conception<br>✓ Higher barrier to resistance than EVG or RAL<br>✓ *BID dosing if heavily tx-experienced, INSTI resistant, or given w enzyme inducers<br>✓ High efficacy in those with baseline HIV RNA > 100,000 copies/mL<br>✓ C/I: Dofetilide, fampridine |
|   |   | <b>Elvitegravir</b> | <b>EVG</b> | <b>Vitekta</b>                      | <br>85, 150 mg tab  | <b>Stribild Genvoya</b>  | 85-150 mg po QD boosted<br><b>w/ food</b>      | <b>Well Tolerated</b><br>• <b>Hyperlipidemia</b><br>• D/N<br>• Headache                         | <b>CYP3A4 substrate induces 2C9 (EVG)</b><br><b>Inhibits CYP3A4, P-gp, BCRP, OATP1B1/3, OCT2, MATE1 (cobi)</b>                                      | ✓ Better absorption w food/snack<br>✓ Coformulated with PK booster cobicistat<br>✓ Cobicistat inhibits tubular secretion of creatinine w/o affecting glomerular function (if >35.36umol/L need renal monitoring)<br>✓ Lower genetic barrier to resistance than PIs or DTG<br>✓ C/I: Eplerone, Lovastatin   |
|   |   | <b>Raltegravir</b>  | <b>RAL</b> | <b>Isentress &amp; Isentress HD</b> | <br>400 mg tab<br>600mg tab (HD)                                    | None   | 400 mg po BID<br>1200 mg po QD new study QDMRK | <b>Well Tolerated</b><br>• Rash<br>• N/D, Headache<br>• <b>Insomnia</b><br>↑ LFTs, ↑ CK, rhabdo | <b>No CYP3A4 inx UGT1A1 substrate</b>   | ✓ Take without regards to meals<br>✓ 1 <sup>st</sup> to market INSTI → Being studied: 1200 mg po QD (given as 2X 600mg)<br>✓ Aluminum or Magnesium antacids reduce abs'n RAL (Can take Ca Antacids if on Isentress, NOT Isentress-HD)<br>✓ Lower genetic barrier to resistance than PIs or DTG<br>✓ Avoid strong inducers of UGT (ie carbamazepine)  |

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| Class  |  | Generic            |            | Brand           | Preparations   | Combo Pill  | Dosing  | Side Effects   | Drug Interactions  | Comments  |  |
|--|--|--------------------|------------|-----------------|--|---|---|--|--|---|--|
| <b>Non-nucleoside RT Inhibitors - NNRTI</b><br><br><b>NNRTI</b><br><br><u>vir</u><br><br><b>MOA:</b><br>NNRTIs bind allosterically in a pocket located near the catalytic site in the palm domain of the p66 subunit site of the Reverse Transcriptase (RT) enzyme<br><br><b>Resistance:</b><br>Low genetic barrier to resistance with first generation (EFV ,NVP) , but second generation often still active depending upon genotype. |  | <b>Doravirine</b>  | <b>DOR</b> | <b>Pifeltro</b> | <br>100mg tab                       | <b>Delstrigo</b> <sup>TDF 1 QD</sup>  | 100mg po OD   | <b>Well tolerated</b><br><b>Common SE</b> <ul style="list-style-type: none"> <li>Headache</li> <li>Diarrhea, Ab pain</li> <li>Abnormal Dreams</li> </ul>   | <b>Cyp3A4 Substrate</b>  | <ul style="list-style-type: none"> <li>Take BID if using with rifabutin</li> <li>Taken without regards to food</li> <li>Favourable lipid profile – consider for high cardiac risk</li> <li>Avoid use with Strong inducers of CYP3A4 (ie Carbamazepine, rifampin)</li> <li>C/I: carbamazepine, oxcarbazepine, phenobarbital, phenytoin, enzalutamide, rifampin, rifapentine, mitotane, St.John's wort</li> </ul>   |  |
|  |  | <b>Efavirenz</b>   | <b>EFV</b> | <b>Sustiva</b>  | <br>600 mg tab<br>50, 200 mg cap    | <b>Atripla</b> <sup>TDF 1 QD</sup>  | 600 mg po QD<br><br>avoid fatty meals on empty stomach<br><i>(inc abs'n leading to s/e)</i> | <b>CNS S/E 52%</b> <ul style="list-style-type: none"> <li>Dizziness, <b>vivid dreams</b></li> <li>Insomnia, somnolence</li> <li>Impaired concentration</li> <li><b>Hyperlipidemia</b></li> </ul> <ul style="list-style-type: none"> <li><b>Rash 26%</b> (can treat through it mostly)</li> </ul> | <b>CYP3A4 &amp; 2B6 Substrate</b><br><b>Potent inducer of CYP3A4,2B6, UGT1A1</b><br><b>Inhibitor of CYP2C9/2C19/3A4</b><br>↑ [Cocaine]<br>↓ [conc] of: <ul style="list-style-type: none"> <li>Benzos (-olam are issues, -pams are ok)</li> <li>most opioids</li> </ul> | <ul style="list-style-type: none"> <li>Let MD know if history of <b>psych illness</b> → should avoid this med</li> <li><b>Vivid dreams</b> bothersome to some, enjoyable to some other</li> <li>CNS s/e worst after 1<sup>st</sup> or 2<sup>nd</sup> dose, often improve in 2-4 weeks</li> <li>Methadone: monitor for symptoms of <b>opioid withdrawal</b></li> <li>May cause false +ve cannabinoid test</li> <li>Pregnancy: birth defects reported in primate studies but no evidence of ↑ risk in human studies; screening for antenatal/postpartum depression recommended</li> <li>C/I: <b>St. John's wort, elbasavir/grazoprevir, cisapride, midazolam, triazolam, pimoziide, ergot</b></li> <li>Inducers of CYP3A4 will decrease serum concentration of EFV; EFV may decrease concentrations of CYP3A4 substrates</li> </ul> |  |
|  |  | <b>Etravirine</b>  | <b>ETR</b> | <b>Intelece</b> | <br>100, 200 mg tab                 | None  | None  | 200 mg po BID or 400 mg po QD<br><br>w/ food   | <ul style="list-style-type: none"> <li><b>Rash 9%</b></li> <li>Dyslipidemia</li> <li>Nausea</li> <li>Rhabdomyolysis uncommon</li> </ul>  | <b>CYP3A4, 2C9, 2C19 substrate</b><br><b>Weak inducer of CYP2B6/ 3A4</b><br><b>Weak Inhibitor of 2C9/ 2C19</b>  | <ul style="list-style-type: none"> <li><b>Tabs are large:</b> dissolve readily in water for liquid dosing, however whole tablet is chalky, large and often difficult to swallow.</li> <li><b>Severe rash</b> reported</li> <li>C/I: <b>ombitasvir/paritprevir/ritonavir and dasabuvir regimens</b></li> </ul>  |
|  |  | <b>Nevirapine</b>  | <b>NVP</b> | <b>Viramune</b> | <br>200 mg IR tab<br>400 mg SR tab | None  | None  | 200 mg QD X 14 days then<br>200 mg po BID OR<br>400mg XR QD  | <ul style="list-style-type: none"> <li><b>Rash 37%</b></li> <li>Hepatic failure</li> <li>Fever</li> <li>Nausea</li> </ul>  | <b>CYP3A4 substrate</b><br><b>Potent inducer of CYP2B6/ 3A4</b>   | <ul style="list-style-type: none"> <li><b>Black Box:</b> severe rash &amp; hepatotoxicity. AVOID if CD4&gt;250 (women) or 400 cells/mm<sup>3</sup> (male)</li> <li><b>hypersensitivity</b> → can treat through rash, but if with fever and elevated LFTs = sign of hypersensitivity, d/c</li> <li>C/I: <b>St. John's wort; avoid</b> Strong inducers of CYP3A4 (Carbamazepine)</li> <li>Lead-in phase to reduce rash, occurs in 1<sup>st</sup> 6 wks, more in women... also drug is auto inducer (will reduce its own level)</li> <li>XR version (400 mg QD) <small>more common</small></li> </ul> |
|  |  | <b>Rilpivirine</b> | <b>RPV</b> | <b>Edurant</b>  | <br>25 mg tab                     | <b>Complera</b> <sup>TDF 1 QD</sup><br><b>Odefsey</b> <sup>TAF 1 QD</sup><br><b>Juluca</b> <sup>1 QD</sup><br><b>Cabenuva</b> <sup>IM q1-2 months</sup> | 25 mg po QD<br>w/ food ++<br><br>monthly IM injection (with cabotegravir/ Cabenuva)         | <ul style="list-style-type: none"> <li>Rash 3%</li> <li>Headache 3%</li> <li>Insomnia</li> <li>Depression 8%</li> <li>Hyperlipidemia</li> <li>Hepatotoxicity</li> </ul>  | <b>CYP3A4 Substrate</b><br><br>↓ [Edurant] with:<br>Inducers of CYP3A<br><br>Drugs ↑ pH  | <ul style="list-style-type: none"> <li>Among <b>smallest HIV tablets</b></li> <li>Best absorbed with a good meal (350-500 calories)</li> <li><b>PPI contraindicated</b>, H-2 blockers need dose reduction.</li> <li><b>Favorable lipid profile</b></li> <li><b>Lower virologic efficacy, not</b> suggested for VL &gt; 100,000 &amp; CD4 &lt; 200</li> <li>Can exacerbate psych symptoms</li> <li>QTc prolongation (dose related)</li> <li>Available as <b>long-acting q1-2 monthly injectable with cabotegravir (CAB):</b> 900 mg IM initiation, then 600 mg IM monthly/900 mg IM q2months</li> </ul>  |  |

| Class   | Generic                               | Brand      | Preparations   | Combo Pill   | Dosing   | Side Effects  | Drug Interactions   | Comments  |
|---|---------------------------------------|------------|--|--|--|---|---|---|
| <b>Protease Inhibitors - PI</b><br><br><b>Protease Inhibitor</b><br><br><u>_____navir</u><br><br><b>Class S/E:</b><br>Hyperlipidemia<br><br><b>MOA:</b><br>High genetic barrier to resistance when boosted<br><br><b>1<sup>st</sup> gen PIs not used usually:</b><br><br>Fosamprenavir <b>FPV</b> ( <i>Telzir</i> )<br><br>Indinavir <b>IDV</b> ( <i>Crixivan</i> )<br><br>Nelfinavir <b>NFV</b> ( <i>Viracept</i> )<br><br>Saquinavir <b>SQV</b> ( <i>Invirase</i> )<br><br>Tipranavir <b>TPV</b> ( <i>Aptivus</i> ) | <b>Ritonavir</b><br><i>PK booster</i> | <b>RTV</b> | <b>Norvir</b><br><br><br>100 mg tab<br>80 mg/mL oral  | None   | 100-200 po/day   | <ul style="list-style-type: none"> <li>Bitter aftertaste</li> <li>Numbness around mouth at HIV doses</li> <li>N/V/D</li> <li>↑ LFTs, ↑ TG</li> <li>Hyperlipidemia</li> </ul>                                  | <b>Inducer of:</b><br>• 1A2, 2B6, 2C9, 2C19, UGT<br><br><b>Inhibitor of:</b><br>• 3A4 strong<br>2D6, 2C8, | <ul style="list-style-type: none"> <li>✓ <b>Black Box: many drug interactions</b> → life threatening</li> <li>✓ Extremely strong inhibition 3A4, P-GP and other transporters</li> <li>✓ HIV activity at higher doses but toxicity &amp; inx (<b>not used for HIV treatment</b>)</li> <li>✓ <b>100 mg per dose to boost</b> (e.g. if using with BID drug, give 100 mg BID)</li> <li>✓ <b>Fluorinated steroids</b> (even inhaled, injected, topical) can lead to <b>Cushing's syndrome</b></li> </ul>   |
|   | <b>Darunavir</b>                      | <b>DRV</b> | <b>Prezista</b><br><br><br><i>Prezista:</i> 600, 800 mg tab<br><i>Prezcofix:</i> 800 mg + 150 mg COB tab    | <b>Prezcofix</b> <sup>w</sup><br>cobicistat 1 QD<br><br><b>Symtuza</b> <sup>w</sup><br>cobicistat 1 QD | 600 mg po BID<br>or<br>800 mg po QD<br><b>w/ food</b><br><br>+ RTV 100 mg QD-BID or cobicistat 150 mg QD                                 | <ul style="list-style-type: none"> <li>Rash 10%</li> <li>Headache</li> <li>N/D</li> <li>↑ amylase</li> <li>Hepatotoxic</li> <li>Kidney stones?</li> </ul>   | <b>CYP3A4 Substrate/ Inhibitor</b><br><br><b>CYP 2C9 inducer</b><br><br>Failure of contraceptives         | <ul style="list-style-type: none"> <li>✓ Currently <b>highest prescribed PI: 2<sup>nd</sup> Gen PI</b></li> <li>✓ <b>Works in those who are resistant to other PIs</b></li> <li>✓ Cobicistat will cause tubular creatinine reabsorption → SCr "pseudo" rise of 10-30 mmol/L from pts normal baseline</li> <li>✓ <b>Needs RTV or COBI boosting</b></li> <li>✓ When boosted with RTV: 800 QD + 100 mg RTV for naïve, [600 mg + 100 RTV] BID for experienced</li> <li>✓ Contains <b>Sulfa</b> moiety</li> <li>✓ <b>Avoid</b> with use of drugs that depend on CYP3A4 metabolism and has narrow therapeutic window (ie Alfuzosin)</li> </ul>  |
|   | <b>Atazanavir</b>                     | <b>ATV</b> | <b>Reyataz</b><br><br><br><i>Reyataz:</i> 150, 200, 300mg tab<br><br><i>Evotaz:</i> 300 mg + 150 mg COB tab | <b>Evotaz</b> <sup>w</sup> cobicistat  | 300 mg po QD<br>boosted w RTV 100 mg or cobicistat 150 mg<br><br>400 mg po QD unboosted<br><br><b>w/ food</b> ( <sup>&gt;390 cal</sup> ) | <ul style="list-style-type: none"> <li>• <b>Kidney stone 10 fold inc</b></li> <li>• Increased billi 60% (cosmetic, not harmful)</li> <li>• D/N/Abd pain</li> <li>• Headache 6%</li> <li>• Rash 20%</li> </ul> | <b>CYP3A4 substrate</b><br>inducers/inhibitors of 3A4 will interact<br><br>Drugs inc pH                   | <ul style="list-style-type: none"> <li>✓ 2X150 mg (300 mg) + RTV 100 mg daily (TDF increases excretion of ATV)</li> <li>✓ 2X200 mg (400 mg) unboosted with Kivexa (needs RTV boost w others)</li> <li>✓ <b>Increased QTc</b>, PR, more torsades</li> <li>✓ <b>Jaundice</b> as result of <b>increased direct bilirubin</b> → <b>not harmful</b>, pt may decide to switch for cosmetic reason</li> <li>✓ <b>Absorption reduced when taken with H2Ra and PPI</b></li> <li>✓ H2RA: <b>Unboosted</b> → ATV ≥ 2 hrs before or ≥ 10 hrs after <b>Boosted</b> → same time or &gt;10 hrs after H2RA</li> <li>✓ PPI: <b>Unboosted</b> → not recommended for co-administration, <b>Boosted</b> → ≥ 12 hrs after PPI</li> <li>✓ Consider avoiding in CKD</li> </ul> |
|   | <b>Lopinavir</b><br><b>/ RTV</b>      | <b>LPV</b> | <b>Kaletra</b><br><br><br>200 mg + 50 mg RTV tab  | <b>Kaletra</b> <sup>4</sup> QD or 2 BID  | 400 mg po BID<br>800 mg po QD  | <ul style="list-style-type: none"> <li>• <b>Diarrhea 24%</b></li> <li>• N</li> <li>• ↑ LFTs, billi, Lipids, MI</li> </ul>   | <b>CYP3A4 Substrate/ Inhibitor</b><br><br><b>Many</b><br>↑ [benzos]<br>Fentanyl<br>Phenytoin              | <ul style="list-style-type: none"> <li>✓ <b>Dangerous (deadly) interaction with fentanyl</b></li> <li>✓ Unpredictable <b>interaction</b> with <b>phenytoin</b> → RTV inhibitor, LPV inducer of CYP. Unpredictable pheny level (unpredictable)</li> <li>✓ <b>+++ diarrhea</b>, worse with q24h</li> <li>✓ May need higher doses if tx experienced or later in pregnancy</li> <li>✓ May have Cardiac risk</li> </ul>  |

| Class                      |                               | Generic                | Brand | Preparations     | Combo Pill   | Dosing | Side Effects  | Drug Interactions  | Comments  |   |
|----------------------------|-------------------------------|------------------------|-------|------------------|--|--------|---|--|---|---|
| CCR-5                      | CCR-5 Co Receptor Antagonists | <b>Maraviroc</b>       | MVC   | <b>Celsentri</b> | <br>150, 300 mg tab | None   | 150-600 mg po BID<br>Standard: 300mg BID with or without food | <ul style="list-style-type: none"> <li>cough<sup>13</sup></li> <li>Rash<sup>10%</sup>, Abdo pain</li> <li>Dizziness, myalgia</li> <li>Ortho hypo, syncope</li> <li>Upper resp infection</li> </ul> | <b>CYP3A4, P-gp substrate</b><br>inducers/inhibitors of 3A4 or P-gp will interact   | <ul style="list-style-type: none"> <li>✓ <b>Black Box:</b> hepatotoxicity, systemic allergic reaction</li> <li>✓ Used later in tx only for <b>CCR-5-tropic HIV virus</b>, cannot use for <b>CXCR-4-tropic virus</b> which is seen more and more in advance dx</li> <li>✓ <b>Avoid:</b> Rifampine, Dasabuvir + Ombitasvir/Paritaprevir/RTV</li> </ul>  |
|                            |                               |                        |       |                  |  |        |   |  |   |   |
| Fusion Inhibitor           |                               | <b>Enfuvirtide</b>     | ENF   | <b>Fuzeon</b>    | <br>90 mg vial      | None   | 90 mg SC BID  | <ul style="list-style-type: none"> <li>Inj site reaction<sup>~100% pt</sup></li> <li>Bacterial pneumonia</li> <li>Hypersensitivity<sup>&lt;1%</sup></li> </ul>                                     | Neither inducer or inhibitor of CYP enzymes   | <ul style="list-style-type: none"> <li>✓ Was historically used in era between 1<sup>st</sup> and 2<sup>nd</sup> generation PIs</li> <li>✓ Unstable drug, dose needs to be prepared before administering each dose</li> <li>✓ No cross resistance with other ARVs</li> </ul>   |
| Entry Inhibitor            |                               | <b>Ibalizumab-uiyk</b> | IBA   | <b>Trogarzo</b>  | <br>150mg/mL vial   | None   | 2000mg IV single dose then, 800mg Q2W                         | <ul style="list-style-type: none"> <li>Dizziness</li> <li>Diarrhea, Nausea</li> <li>Skin Rash</li> </ul>   | Neither inducer or inhibitor of CYP enzymes   | <ul style="list-style-type: none"> <li>✓ Indication: Treatment of HIV with combination of other ARV in heavily experienced patients with multidrug resistant infection failing current therapy</li> <li>✓ Infused over 15-30 minutes (Loading dose no less than 30 minutes)</li> <li>✓ Each 2 mL vial delivers 1.33mL containing 200mg of IBA</li> <li>✓ If maintenance dose missed (&gt;3 days) then loading dose needs to be given again</li> <li>✓ No cross resistance with other ARVs</li> <li>✓ <b>Not Approved in Canada</b></li> </ul> |
| gp120 Attachment Inhibitor |                               | <b>Fostemsavir</b>     | FTR   | <b>Rukobia</b>   | <br>600 mg tab     | None   | 600 mg BID with or without food                               | <ul style="list-style-type: none"> <li>Headache</li> <li>Skin Rash</li> <li>Micturition Urgency</li> <li>N/V/D</li> <li>Fatigue</li> </ul>   | <b>CYP3A4 (Partial), P-gp, BCRP substrate</b><br>Strong CYP3A4 inducers will interact; fostemsavir inhibits OATP1B1/3, BCRP | <ul style="list-style-type: none"> <li>✓ Indication: Treatment of HIV in combination with other ARV in heavily treatment experienced HIV patients with multi-drug resistant HIV-1 failing current ARV due to resistance, intolerance or safety considerations</li> <li>✓ Prodrug of small molecule Temsavir</li> <li>✓ BRIGHT study 96 wks (Ackerman et al. AIDS 2021;35:1061-72.)</li> <li>✓ <b>Contraindicated</b> with strong CYP3A4 inducers (anticonvulsants, mitotane, enzalutamide, rifampin, St. John's wort)</li> </ul>              |

OBT = optimized background therapy