

## NYSTATIN SUSPENSION

**Other names:** Mycostatin®, Nilstat®, Nyaderm, PMS-Nystatin

### WHY is this drug prescribed?

Nystatin suspension is used to prevent and treat fungal infections of the mouth (thrush).

### HOW should this drug be taken?

Nystatin is available as a 100 000 units/mL oral suspension. The dose most commonly used is **500 000 units (5 mL or 1 teaspoonful) 4 times a day**. The suspension should be swished and held in your mouth for several minutes before swallowing.

Shake the bottle well before each use to mix the drug evenly.

Your dosage is:

100 000 units / mL suspension

\_\_\_\_\_ mL (\_\_\_\_\_ units)

\_\_\_\_\_ times a day for \_\_\_\_\_ days

### What should you do if you FORGET a dose?

If you miss a dose of nystatin, take it as soon as possible. However, if it is time for your next dose, do not double the dose, just carry on with your regular schedule.

### What ADVERSE EFFECTS can this drug cause? What should you do about them?

Although nystatin is relatively well tolerated and adverse effects are not common, they can occur. The following adverse effects have been reported with nystatin oral suspension: nausea, vomiting, diarrhea, stomach upset and stomach pain.

Rarely, mouth irritation has occurred. In addition, allergic reactions to this drug have rarely been seen. If you have skin redness (rash) or symptoms such as difficulties breathing and swelling of the face, consult a doctor immediately.

If you are concerned about any unexpected effects, please talk to your doctor or pharmacist.

It is important that you keep your doctor appointments so that your progress can be followed.

### What other PRECAUTIONS should you follow while using this drug?

Do not eat or drink anything for 20 minutes after using nystatin oral suspension in order to increase contact time with the mouth surface.

Although the symptoms of your mouth infection may improve within one to three days, make sure you continue to take nystatin for the full duration prescribed by your doctor. Failure to do so can allow the infection to return. If the mouth infection worsens or persists after the end of your treatment duration, you should see your doctor so that the infection can be reevaluated.

### How should this drug be STORED?

Nystatin oral suspension should be stored at room temperature in a cool (15-30°C) dry place, protected from light and well out of the reach of children. Ensure that the drug has not expired by checking the expiry date ("EXP") shown on the outside of the package.

Do not store in your bathroom or kitchen, as heat and moisture may cause the drug to be less active.

**If you have any questions or concerns about this drug or if you are experiencing adverse effects, please discuss them with your pharmacist, doctor or nurse.**

**Write questions or concerns down to ensure they are addressed.**

The following pharmacist is available to answer questions:

**Pharmacist:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

Reference: Product monograph Mycostatin® (nystatin). Montréal, Qc, Canada: Bristol-Myers Squibb, 2002. Prepared by the Ontario HIV Pharmacy Professional Specialty Group, 2003. Reviewed 2009.

Additional medication fact sheets and updates may be found at: [www.hivclinic.ca](http://www.hivclinic.ca)

***NYSTATIN  
ORAL  
SUSPENSION***

***MEDICATION***

***FACT SHEET***