



# Canadian HIV and Viral Hepatitis Pharmacists Network (CHAP)

Réseau Canadien des Pharmaciens en VIH  
et hépatites virales

## CHAP ANNUAL GENERAL MEETING

**Tuesday May 4, 2021**

### **Virtual Meeting Minutes**

#### **IN ATTENDANCE: (for all or part of virtual meeting)**

Jennifer Hawkes, Linda Akagi, Erin Ready, Stacey Tkachuk, Gloria Tsang, Karen Tulloch, Michelle Foisy, Christine Hughes, Jeff Kapler, Shayna Campbell, Jinell White, Genevieve Olsen, Michael Stuber, Carley Pozniak, Kelsey Dumont, Jacqueline Myers, Shanna Chan, Tracy Janzen Cheney, Linda Robinson, Sheri-Lynne Livingston, Heather Jarman, Alice Tseng, Deborah Yoong, Sharan Lail, Norman Dewhurst, Pierre Giguere, Nancy Sheehan, Dominic Martel, Benoit Lemire, Jodi Symes, Tasha Ramsey, Debbie Kelly, Jonathan Smith, Patricia Fulco, Lucas Thorne-Humphrey, Salin Nhean, Tessa Senneker

- Welcome, land acknowledgement:**

We are grateful to live, work, learn and play on the ancestral lands which are now home to many diverse First Nations, Inuit and Métis peoples. We honour and respect the lands, cultures and people through the work we do with our communities.

- Virtual CHAP Chats sponsor acknowledgement**

We are grateful for the generous support from our industry sponsors that enabled us to provide the wonderful education opportunities achieved through our CHAP CHATS series. Thanks to ViiV, Gilead, Merck, and Abbvie.

- Virtual CAHR May 5-7, 2021**

A reminder that CAHR 2021 will be held, virtually, Wed through Friday of this week. Our CHAP AGM, today, is listed as an ancillary event.

- Introductions**

All participants were offered the opportunity to introduce themselves and state where they work.

- Introduction of Agenda, Additions to agenda**

The agenda for today was shared. There were no additions to the agenda.

## **CHAP PROJECTS AND INITIATIVES**

### **1. Approach 2.0 - Deb Kelly (NL), Tasha Ramsey (NS), Christine Hughes (AB)**

Deb shared slides and provided an update and review of the POC HIV testing study conducted in retail pharmacies; APPROACH . Reach 2.0 is a new study. Very similar to original study HIV Testing and Hep C testing but also partnered with lab with dry blood spot (DBS) testing for HIV, HEP C and Syphilis. Not just screening but confirmatory as well. Downside is the results would not be instant. Hope it to be a Proof of Concept study to show how something like this can be scaled up to pharmacy practices more broadly. Contact Debbie Kelly if interested in more details.

### **2. Role of Pharmacist Position Paper Update - Stacey Tkachuk/Erin Ready (BC)**

Erin shared a set of slides detailing the plans for the 3<sup>rd</sup> rendition of the Canadian paper "Role of the HIV Pharmacist" There have been two preliminary meetings and the writing group has been established. Current plans to submit to CJHP, but also an editorial paper to CPJ, considering the large role played by ambulatory pharmacists. Erin shared the decided upon format following the role of the pharmacist within the elements of the cascade of care. Focus will be for pharmacists who are new to the practice of HIV. Next steps will be to decide upon sections and leads. First draft is anticipated by fall. Hopefully final draft will be ready for publication by end of 2021.

### **3. CHAP Observership Program – Alice Tseng (ON)**

Alice provided an update on this program. We had someone scheduled to come from Alberta to Toronto last summer but this has been tabled, for now, due to COVID-19 pandemic. The good news is that we still have the funding from Gilead so we can support at least 3 more observerships once everything all opens up again. We will call for applications then.

### **4. Dual Therapy – Christine Hughes (AB), Pierre Giguere (ON), Shayna Campbell (AB), Tasha Ramsey (NS)**

Christine said that the group has had their first meeting. There are 4 working ideas right now. One being a paper just explaining dual therapy. They will apply for CEEP accreditation. Shayna updated the group as to what this entails and the costs. The group was reminded that CHAP initiatives can apply to CHAP funding for costs associated with accreditation, publication, etc. Another working idea might be a survey of healthcare practitioners regarding attitude and practice patterns directed towards integrase based dual therapy. They are also looking for other CHAP members to join the group. Another idea would be to create a slide deck for education purposes. Jeff Kapler suggested Pharmacy Practice Journal. More discussion about context, sponsorship etc. The group will petition for others interested in joining and will meet again soon for next steps.

## **PRACTICE-RELATED HOT TOPICS AND ROUNDTABLE DISCUSSION (15 minutes each)**

### **1. INSTI Resistance – Linda Akagi (BC)**

Linda presented a question actually regarding what we do with integrase inhibitors based regimens in the context of pre-existing resistance. She presented a case who is interested in a switch to Bictegravir/TAF/FTC after a long standing infection and treatment history. Great discussion regarding comfort level amongst practitioners in switching or starting this in nuke resistant patients.

### **2. INSTI weight gain cases, or virtual classroom for educating HCP on providing HIV care - Carly Pozniak (SK)**

Carly shared a case with a 26kg weight gain over 1 ½ year. She highlighted a good review paper by Dr. Paul Sax. Great discussion evolved; need further time for discussion of this very timely potential ADR. Alice notified the group of a study that her clinic is doing, switching patients with weight gain issues on integrase based regimens to Doravirine/Tenofovir(TDF)/3TC (Delstrigo®). Others shared similar practices in their regions including switches to Complera®. This is certainly a hot topic and maybe will become a CHAP Chat in the future. For references cited in the presentation, please contact Carly Pozniak.

### **3. Dual regimens at Southern Alberta Clinic – Jeff Kapler (AB)**

Jeff presented their SAC experience of ~25% of their practice switched to dual regimens, namely DTG/3TC (many were switches off of Elvitegravir/cobicistat/TAF/FTC). He shared 100% effectiveness of maintaining virologic suppression, thus far with only 1 patient switching to an alternative regimen due to intolerance to DTG/3TC. As for M184V in background, 5 patients had previous record of this. 4 have remained suppressed for 3-16 months after switch. The 5<sup>th</sup> has not had labwork done since the switch. He also shared the cost savings that has resulted from this practice. For more information or details, please contact Jeff Kapler.

### **4. PEP – Tracy Janzen Cheney (MB)**

Tracy Cheney presented a case of a community PEP referral in a high risk PWID case and great discussion ensued as to how we could find ways to cover costs or have compassionate access to meds to use in cases that are not part of product monographs or in persons with no drug coverage. This can be a serious issue, especially in provinces where there is not universal coverage of ARV's. It was discussed that perhaps CHAP can further brainstorm ideas for drug access in these unique cases.

### **5. ART in pregnancy – Karen Tulloch (BC)**

Karen highlighted guidelines for ART and pregnancy but mainly focused on the topic of the use of PrEP in pregnancy, highlighting cases of seroconversions that occurred during pregnancy. For more on this topic or interest in studying this, please contact Karen.

## **6. Update from Ontario HIV Education Day, April 16 – Linda Robinson (ON)**

Linda share the agenda of the HIV Ontario Pharmacists 13<sup>th</sup> Annual PSG Education Day and invited people to view the link to the video of the plenaries, available until June 1, 2021. (see below). She also thanked Alice Tseng and Michelle Foisy for their vision in creating this group in Ontario in 1996, as it celebrates its 25<sup>th</sup> Anniversary this year.

<https://www.youtube.com/watch?v=AXIJLDgLWHQ>.

## **7. Community Pharmacy – Mike Stuber (SK)**

Mike enlightened the group with all of the wonderful things that his new post in a community pharmacy is involved with. They are very involved in a marginalized population and offer Prep prescribing, testing, providing naloxone, clean works(needles, pipes, etc). He highlighted the benefit of great one on one counseling opportunities, often seeing patients on a daily basis who are also on methadone and/or suboxone. He highly encouraged a close relationship with and to utilize the community pharmacist, especially in the case of marginalized patients as he has seen a very different but substantially supportive role for the community pharmacist in the encouragement of these patients as compared to his previous inpatient clinic role. Mike's new role was highly celebrated and commended by the group.

## **8. 1) quick TDM updated (5 min); 2) Changes to pharmacy practice in Québec – Nancy Sheehan (QC)**

Nancy provided a quick review of the TDM program in Quebec. She also covered new roles and initiatives for pharmacy practitioners in Quebec including pharmacist prescribed PEP and PrEP. For more information regarding either of these programs, contact Nancy Sheehan.

## **9. Drug coverage and strategies employed – Shanna Chan (MB)**

Shanna shared the ongoing struggle of medication coverage in the province of Manitoba and highlighted the disparity across the country in the coverage of ARV. She also highlighted the various Patient Support Programs (PSP's) that are available from the pharmaceutical companies. This frustration was share by all provincial members who come from provinces where ARV's are not covered by Universal programs and highlighted the need for us to continue to fight for and support the CHAP position on this matter, as stated on our web page.

## **10. DAs - DOAC interaction case + review of lit – Pierre Giguere (ON)**

Pierre presented an interesting DDI case involving DAA for hepatitis and DOAC, highlighting edoxaban (OATP1B1 involvement a bit different than the others) and significance of renal function. He reviewed dosing recommendations, highlighted the DDI's between Hep C DAA's and DOACs and the websites that provide this information. He then showcased some paradoxical results with his particular case. Great discussion ensued as to whether there was truly an interaction or not, in his case on edoxaban. He is considering writing up and publishing this case. Please contact Pierre if you'd like further discussion about this.

- **2020 Minutes approval (pre-meeting)**

AGM minutes be accessed at: [Canadian HIV and Viral Hepatitis Pharmacists Network - Réseau Canadien des Pharmaciens en VIH et hépatites virales \(hivclinic.ca\)](https://www.hivclinic.ca)

- **Executive Report – Jenn Hawkes**

Voted on these items via surveymonkey pre-meeting

TOR can be accessed at: [CHAP Terms of Reference.pdf \(hivclinic.ca\)](https://www.hivclinic.ca)

Updated TOR 5.6.3 to have updated working group affirmations submitted within 3 months of AGM in order to be eligible for an AGM grant consideration the following year, outgoing chair will send out survey within 2 weeks of AGM. Increased criteria for item #5 to active participation in at least 1 project/publication in the last 3 years (previously 2 years).

18/20 working group members approved

2/20 abstained

- **Year in review and acknowledgments (CHAP 2021 TOR posted on website, google listserve)**

Jenn stated that it has been an honour to serve as CHAP Chair for 2020-2021 year. CHAP currently has 19 working group members and has seen our general membership increase by about 15% over the past year to approx. 170 pharmacists across Canada and internationally. Our CHAP executive is pleased to share that we now have our very own CHAP zoom account so that we can meet “together” more often, in working groups or for many other clinical sharing, learning and collaboration possibilities. We also transitioned all list serve communication accounts from Yahoo to Google this past year. We encourage all of our members to use these communication channels to share what they have learned at conferences, join in on presentations and share our clinical knowledge and skills. We look forward to the two new working group projects taking start over the next year:

- **Membership update -JENNIFER HAWKES**

Jenn offered KUDOS to Alice Tseng and Debbie Kelly:

- Kudos and Recognition – Debbie Kelly – for becoming a full professor at MUN
- Kudos and Recognition - Alice Tseng for being the recipient of the Hall of Distinction Award, part of the Inaugural Alumni Awards at Leslie Dan Faculty of Pharmacy AND for being nominated to 2021 CAHR Board

Member MOVES:

- Salin Nhean - started a new job with Correct Rx Pharmacy Services, Inc in her home state of Maryland. Her job responsibilities include an emphasis on HIV/HCV care for correctional facilities population.

- Mike Stuber – started a new job with community pharmacy and has been doling out naloxone kits, improving HCV treatment access and continuing to start people on PrEP and provide HIV care

Member FAREWELLS:

- Nicki Hanhoff (formerly of SAC, now in Germany)
- Fond Farewell and congratulations to 2 original members of the CHAP working group:
  - Michelle Foisy, [michelle.foisy@albertahealthservices.ca](mailto:michelle.foisy@albertahealthservices.ca) who will be stepping down from the working group in May 2021. Michelle was a cofounder and the first Chair of CHAP in 1997-98 (and again in 2006-07), and we are very grateful for her dedication and enthusiasm over the years. Michelle will remain on the general listserve.
  - Natalie Dayneka, [Natalie.dayneka@canada.ca](mailto:Natalie.dayneka@canada.ca), who has retired from her position at the Children's Hospital of Eastern Ontario in order to join the COVID19 vaccine team at the National Advisory Committee on Immunization (NACI). Natalie was one of the first pediatric HIV pharmacists in Canada, and has always been a champion and advocate for patients, as well as a strong supporter of her colleagues in the field. Natalie also served as CHAP Chair in 2007-08 and 2014-15. Natalie will remain on the general listserve.

Welcome to NEW Members (22):

- Andrew Schonbe (Toronto, The PrEP Clinic), John Smith (Toronto, Casey House), Sharon Emanuel (Ottawa), Kristen Marshall (Ottawa), Onyi Nnaji (Edmonton), Gillian Grocholsky (Sault Ste. Marie, ON), Alesha Nero (Kamloops), Sharon Lail (Toronto), Matrik Patel (Prince Albert), Anis Ouyahia (Longueuil), Mikaela Klie (Guelph), Heather Chiu (Vancouver), Lucas Thorne-Humphrey (Nova Scotia), Kimberly Gothard (Kamloops), Sebastien Landry (Montreal), Jacqueline Pelton (Kamloops), Jackie Myers (Regina), Suzanne Henry (Edmonton), Michael Coombs (Newfoundland), Kelsey Dumont (Regina), Enerosanaga Ataikpor Ogbogohodo (moving to Canada from Nigeria), Tessa Senneker (Toronto)

● **CHAP Collaboration Requested on two national projects**

The input of CHAP members has been recognized by outside groups. This past year, CHAP has been approached for partnership/collaboration/involvement with two studies (below). Expect to see more information in your inboxes, soon.

- 1) Mona Loutfy infectious diseases doctor and clinical researcher at the Women's College Research Institute with the Canadian HIV Pregnancy Planning Guidelines Clinician Dissemination Project
- 2) Darrell Tan infectious diseases doctor and clinician-scientist at St Michael's Hospital is collaborating with a community-led team (CBRC & others) on a proposal to do some "preparedness" work related to future long-acting PrEP formulations

**DISCUSSION TOPICS:**

- **CHAP Chats**
  - Jenn reported that the new “CHAP Chats” series has been well received with an impressive attendance of around 40 people per session with viewing of the recording at a later date circulated and slides accessible at  
<https://hivclinic.ca/chap/resources.php>
  - The group is very much in favour of continuing these events which were started in February 2021. The Pre-meeting membership survey verified this. There are still 2 events coming up in May and June ( see below) and Linda Robinson suggested that we plan for a couple in the fall and a couple more in the early Winter of next year. More Suggestions for Topics for next year: - newer antiretrovirals, complex resistance cases & INSTI resistance, pharmacist role in Cabenuva roll out (once provinces decide on coverage), PREP practices, perinatal infant options and dosing. The group would also be in favour of a COVID-19 and vaccine update and Linda Robinson and Alice Tseng suggested we look into getting Dr. Abdu Sharkawy as a speaker, soon. This recommendation was based upon the success and popularity of a presentation he recently gave at the Ontario HIV Pharmacists’ Education Day in April. Other ideas for how we can use our Zoom time were discussed, including things like journal clubs or roundtable (podcast style) discussions. The next executive will work on this.

**CHAP CHATS SERIES 2021**

<b>Feb 25</b>	HIV and Women	Mona Loutfy, case Karen Tulloch
<b>March 23</b>	HIV and resistance	Chanson Brumme, case Linda Akagi
<b>April 29</b>	HCV	Dominic Martel
<b>May 21(NOON EDT)</b>	HIV and Pediatrics	Jason Brophy
<b>June 9 (13:00 EDT)</b>	HIV and Aging	Sharon Walmsley

- **Emeritus/Emerita membership for past executive members who have left working group**

The group is in agreement that we look into this as an added membership status to the TOR. We will work on creating the terms and benefits of this membership status with the incoming Executive and survey the Working Group for ideas and agreement.

- **TREASURER'S REPORT – Deb Yoong and Alice Tseng**

Alice shared the latest account information from both last year and this year with regards to money received and money spent. It is noted that the amount remaining would likely support an ongoing AGM event for 2 years, even in the event of NIL funding. This is the goal as we go forward.

**CHAP 2020 AGM (virtual)**

- 25 virtual attendees (20 WG members)
  - BC (3), AB (6), SK (3), MB (2), ON (5), QC (3), NS (1), NB (1), NL (1)
- 0 travel grants distributed (\$0)
- **\$0** funds received, **\$2030.50** for Chair, expenses
- Amount carried forward to 2021: **\$62,983.58**

**CHAP AGM Account (2021)**

- Grants for 2021 Meeting: **\$10,000**
  - \$2,500 @ Gilead, Merck, ViiV, Abbvie
- Expenses: **\$9825.99**
  - Chair grant \$2000, courier costs \$32.07, CHAP Chats \$7500, Zoom account \$180, misc. \$113.92
- Net balance from 2021 meeting: **\$174.01**
- Amount carrying forward for 2022: **\$63,157.59**

- **ELECTION of a new CHAP Secretary**

Carley Pozniak (Saskatoon) accepted the nomination of CHAP secretary, and since she is the only one who accepted this, she was acclaimed as Secretary of CHAP for 2021/2022, after which she will remain on the Executive as Chairperson and Past Chairperson for the two years following. She was acknowledged and thanked for accepting this three year commitment.

- **Working group affirmations**

JENNIFER Will send out survey to working group members for reaffirmation to be returned by August 4, 2021

- **Update contact list**

Please review the [CHAP contact list](#) and send updates to Alice [Alice.Tseng@uhn.ca](mailto:Alice.Tseng@uhn.ca)

- **CLOSING**

Jennifer reminded everyone that the next AGM will be scheduled for April 27, 2022 in London, Ontario (COVID protocols permitting).

The AGM for 2023 will be April 26, Quebec City.

All in attendance were welcome to attend the evening Social which was held, virtually, at 16:30 PDT.

**2021 Virtual AGM was adjourned at 13:00 PDT . Minutes recorded by Linda Robinson.**